

# The Tidings

August 2011

A newsletter of Central Lutheran  
Church of the Holy Trinity

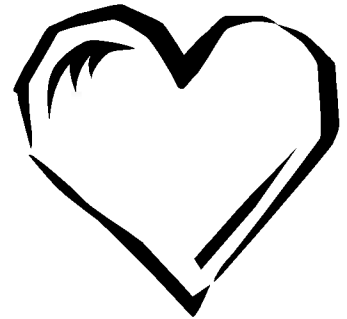
## A GOODBYE TO JO and DENISE

We will bid goodbye to our good and faithful servant Jo Hart and daughter, Denise, on Sunday August 7th before they move to Syracuse, New York, close to family and new work experiences for Denise.

Jo was a long-time volunteer with Saturday School, the decades-long religious education and social group for developmentally delayed children (who are now adults). Sunday school, various committees, Sunshine Circle, and Altar Guild have all enjoyed Jo's presence. Many times she has made special trips from the Burien and SeaTac areas just to replace the candle oil in the altar candles.

Jo and Denise leave many warm friends who will keenly feel their absence. We wish them God's speed in their in new home.

A special coffee hour with cake on Sunday August 7 will give us a chance to send them off with our blessings.



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The Seattle memorial service for Jon Nelson will be held on Saturday September 17 at 1 pm at Central.

**\*A special note from Juni Nelson (dated 7-25)\*\***

As you may have heard, or not, Jon died on Sunday morning, the 24th, peacefully, and surrounded by almost all the kids and many friends. We found out on Friday night that he had massive cancer throughout his body, not related to his old prostate cancer a few years ago. We are so glad that it was a short time, and with very manageable and minimal pain. He went home ready

and joyfully. Twelve of the kids were here, and we are celebrating Jon and crying and laughing together. He did so love all of you friends and family! Thank you all for being in our lives. Love, Juni

**Central Lutheran Church  
of the Holy Trinity  
1710 Eleventh Avenue  
Seattle, Washington 98122  
phone: 206-322-7500  
fax: 206-322-0195**

**Summer Schedule**

**Worship:** 10:00 am

Pastors:

Cindy Salo

email: [pastor@loveiscentral.org](mailto:pastor@loveiscentral.org)

By appointment on Tues. through Thurs.

Home phone in emergency: 425-486-6505

Verlon Brown

office hours by appointment, please call  
the office, 206-322-7500

Office Manager:

Sandy Kraegel

email: [office@loveiscentral.org](mailto:office@loveiscentral.org)

Office hours: 9:30-4:30 Tuesday-Friday

Music Director:

Jim Peterson

email: [music@loveiscentral.org](mailto:music@loveiscentral.org)

Custodian:

Duane Miles

Nursery:

Nursery hours: Sunday 9:45 am- 12:45 pm

For children ages five and under

**We are an open and affirming  
congregation, which in Lutheran  
churches is called Reconciling in  
Christ. We seek to share God's love  
with all people regardless of race,  
age, gender or sexual orientation.  
All are welcome.**



**ACOLYTES:** Connor & Rachel Rauch, and Leo Donlea

**ALTAR GUILD:** Jo Hart, Jennifer Evans, Lecia Phinney, Lynn Rauch, Chris Kealy, Bob Hartl, Carl Kaiser, Sue Anderson, Cynthia Wold, and Julia Maywald

**ASSISTING MINISTERS:** Cathy Woods, Brenda Michael, Lynn Rauch, Theresa Wagner, and John Mostrom

**CANTORS:** Liz Langeland and Anna Copley

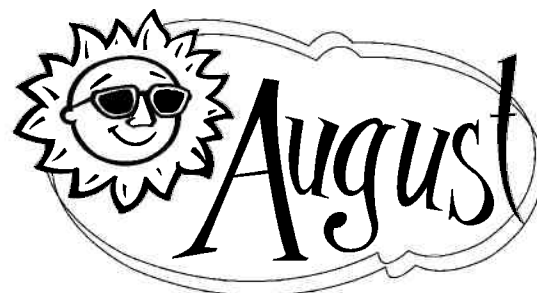
**COFFEE:** John Mostrom, Cathy Woods, Lois, Ray, & Noah Austin, Cindy & Wayne Johnson, Barbara Palecek, Anna Copley, and David Johnson

**COMMUNION BREAD:** Carl Kaiser and Theresa Wagner

**SPECIAL MUSIC:** Jamie Pedersen and Shannon McMullen

**TELLERS:** Sally Brunsmann, Allen Jones, Carla, Kevin Urdahl, Jamie Pedersen, Jeffrey Cook, Lois Austin, Jeff Roberts, and Adam Rauch

**USHERS:** Karen Sticklin, Jackie Brolsma, and Brooke Powers



**Receive the readings via e-mail:** Many people find it helpful to read the Sunday readings ahead of time. If you would like to receive a weekly e-mail with the upcoming Sunday's readings, please let Sandy know at [office@loveiscentral.org](mailto:office@loveiscentral.org).



## *Treasurer's Update*

We have reached the halfway point in 2011 and I am happy to report that we are slightly (\$222) ahead of budget for the year. Before you get too excited, please remember that we had budgeted for a \$4,951 deficit through June 30 — and instead we have a \$4,729 deficit. Still, in a year in which our expenses have increased dramatically, there is much to be thankful for.

As of June 30, we had received \$102,283 in offering income (against a budget of \$104,927) and \$14,172 in other income (against a budget of \$13,370), for a total of \$116,455 (against a budget of \$118,297). Envelope offering is under budget; Simply Giving, building use, and interest are over budget. Also as of June 30, we had expenses of \$121,185 (against a budget of \$123,248). The only expense category for which we are over budget is building expenses (mostly natural gas), which is typical for this time of year. That leaves the balance in our operating fund at \$16,693.

Outside of our operating fund, we also have several pieces of news. We reached an important milestone earlier this year: our capital project line has gone into the black (with help from the \$230,000 “jubilee” transfer approved by the congregation earlier in the year). Diamond Parking also changed the way that they pay us for the parking lot. We expected that that would lead to a decrease in income, but in fact we have seen a healthy increase. As a result, we have a very healthy balance of \$96,194 in our “property enhancement” account, which should help us tackle major maintenance projects in the months and years to come. Our total fund balances are \$610,665. We are in the process of appealing the tax valuation of our parking lot, which may lead to a refund of property taxes from 2010 and a reduced expense in the future. Finally, we will be receiving another substantial bequest from the estate of Dorothy and Vic Ganzer.

Thank you to all of you for your generous support of Central's work.

Respectfully submitted,

Jamie Pedersen, Treasurer

If you would like to “opt out” of having your full name or your last name listed in the version of the Tidings that is posted on Central's website, please let Sandy in the office know. She will be happy to honor your request. You can let Sandy know your preference at 206-322-7500 or at [office@loveiscentral.org](mailto:office@loveiscentral.org).

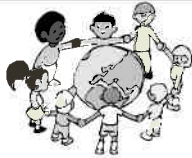


## *News from Church Council*

Happy summer everyone. We hope this finds you well and spending some time in rest and rejuvenation during these longer summer days. At the June council meeting we voted to not meet in July to allow for some of our own rest and rejuvenation. The last couple of months we have been busy looking at all the church systems to see what is working and what is not. This has set our priorities for starting in the academic year. July is a much-needed break from this work. The council will reconvene in August to begin implementing our new priorities. Some of the priority areas are: leadership development, welcome and nurture, volunteer recruitment and jobs, education, building care, stewardship and staff support (a full list is in the July Tidings). We hope you are also able to have some time to just be in your life and look forward to seeing you on Sunday mornings between summer adventures.

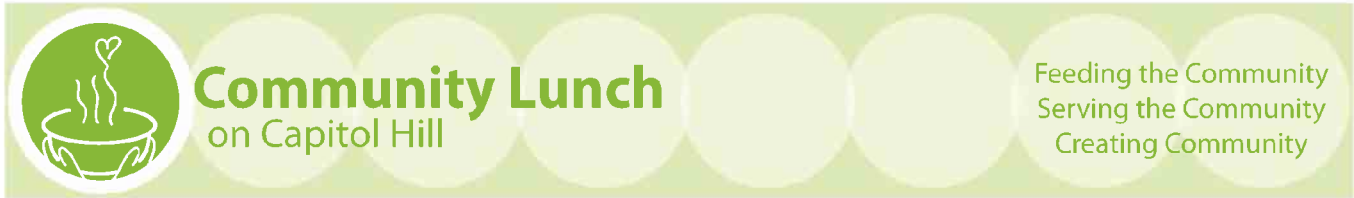
Sincerely,

Tom Donlea and Cori Myka, Council Co-Presidents



## *Kids Are Central*

The Kids Are Central committee is preparing for it's fall Sunday school kick off. We're discussing Sunday school teacher recruitment, curriculum, and class composition. You are invited to join the discussion! Contact Anna Copley for more information.



**Thanks to our Summertime Volunteers...from all over the country!**

The latest group—30 Microsoft interns in Seattle for the summer from throughout the US. They made and served a great meal of tortellini and roasted veggies, salad, green beans....and biscuits from scratch!

So far this summer we have welcomed groups from as far away as North Dakota (TWICE!), Milwaukee, Grand Forks, Michigan, and Salem, Oregon. We really appreciate everyone's help!

We continue to get great help from right here in our area as well. Youth from Mercer Island volunteer at every meal all summer, and Epiphany Lutheran in Kenmore has been sending its youth groups as well. Thank you! We can always use more help. If interested email us at [Volunteer@CommunityLunch.org](mailto:Volunteer@CommunityLunch.org).

We served 13 meals in June, including 8 lunches at Central averaging 330 served and 5 dinners at All Pilgrims averaging 115, totaling 3215 meals in all. Among them 2 long-time guests of the lunch who are now new mothers! We welcome them and their babies at nearly every meal, and everyone likes to keep up on their progress.

PLEASE TAKE A MINUTE TO TAKE A BRIEF SURVEY ABOUT OUR RECENT FUNDRAISERS. FOLLOW THE LINK AT [www.CommunityLunch.org](http://www.CommunityLunch.org) to help make them even better, even if you did not attend.

And **SAVE THE DATE!** Our annual fall Volunteer Appreciation Dinner is scheduled for Sunday, November 6th at 5pm at All Pilgrims Church. The event is free, and features live jazz piano by Nick Allison (who also played last year), a great meal, wine and a dessert dash. Join us for the fun as we honor all our great volunteers.



## *For Prayer*

Central does have a Prayer Chain. If you are interested in joining it or have a concern you would like to have the Prayer Chain pray for, please contact Pastor Cindy (206-322-7500; pastor@loveiscentral.org). We pray for the following this month. Names stay on the list monthly. Please let us know if you would like a prayer request returned to the list.

### **Homebound:**

Joan Norman  
Doris Schlecht

### **Ill and recovering:**

Kathy Twohig  
Yada Hartmann  
Julie Mattson  
Blanche Sylvester  
Brian Anderson's Aunt Margaret  
Andrew Rapp and Jennifer Evans' nephew Ronan Louis  
Bill Quarterman, Suzy Oversvee's father-in-law  
Phyliss Nelson, Roger Nyhus' mother

### **Mourning:**

Juni Nelson and family on the death on Jon Nelson

### **Prayers of Thanks:**

SGT Brian Mostrom now reunited with wife Megan Medsker in Germany



## *June Attendance*

June 5	69
June 12	74
June 19	72
June 26	56



## *Mark your calendars*

Please be advised that **Pastor Cindy will be on vacation** beginning Monday July 18. She will return to the office on Tuesday August 9.



## Happy Birthday

**Below, you'll find the names of Centralites celebrating their birthday this month. Share a birthday wish with them and help make it a special day!**

Tom Donlea	8/01
Abbott Phinney	8/01
Charles Wassberg	8/04
Paul Huffman	8/05
Gerald Farley	8/06
Cindy Johnson	8/09
Paul Dexter	8/10
Hannah Billen	8/11
Caden Emmons	8/11
Carla	8/16
Sue Anderson	8/17
Imani Daniels	8/18
Callahan Phinney	8/19
Jackie Broisma	8/21
Josiah Myka	8/21
Sheryl Krajnik	8/22
John Mostrom	8/22
Karen Sticklin	8/23
Cameron E.	8/24
Andrea Langeland	8/25
Jim O'Donnell	8/25
Allison Stephens	8/25
Betty Bekemeier	8/26
Trygve Pedersen	8/27
Jo Hart	8/29
LuAnn Wangsness	8/29



## Faith and Everyday Life

**Eccl 3:4**

**A Time to Mourn**

People talk about “giving into our feelings” as if we were engaging an enemy in combat and we were admitting a humiliating defeat.

Of course we can be consumed by our feelings and get overwhelmed by them, becoming paralyzed. This is a common and even realistic fear. But we also need to be flexible enough to embrace the feeling when it is a good time to do so.

There *is* a time to mourn by embracing the rhythms and flow of unexpected feelings as well as those feelings that come with intentional acts such as remembering the loved one on an anniversary date or making a pilgrimage to the cemetery. These are essential parts of the grieving process.

It *is* possible to say to ourselves, “Not now, not in this setting or with this group.” We do need to be able to *manage* the feelings. This is very different than controlling them. “Managing” is feeling the feelings and flexibly choosing when and how to express them.

These waves of feeling are opportunities to turn to God or other people for comfort. We were made to need and depend on others. God created us that way.

We get torn in two when we lose someone we care about or love. It's painful. It is no defeat to embrace that pain, to grieve and mourn.

At times when it does hurt, we need to have a sense of God's and other people's love so that we have the flexibility and freedom to let go and to feel the pain that accompanies our losses.

*Lutheran Counseling Network*



A LUTHERAN ORGANIZATION

Greetings,

Compass currently has a need for many items at many of our sites. Below you will find a detailed list of items as well as needs. If you could let your friends, family, co-workers and congregants know of our needs that would be greatly appreciated!

In-kind donations can be dropped off at our Pioneer Square location or our Renton site. Please call Kristi Weber before dropping off donations or if you have questions. Kristi can be reached by email at [kweber@compasshousingalliance.org](mailto:kweber@compasshousingalliance.org) or 206.357.3108.

In Kind Needs – 7.1.2011

1. The Courts, a permanent housing property located in West Seattle is in need of a **basketball hoop**. We have lots of energetic kids that would love this edition to their outdoor play area!
2. Bergan place, a permanent housing property in the Greenwood neighborhood is in need of a **kitchen table with chairs** for their community table. They are also in need of **kitchen items** (dishes, mugs & glasses, silverware, pots & pans, etc.. – all gently used please). They could also use **folding tables and chairs** for various community events they put on throughout the year.
3. The Pioneer Square Men's Program is in need of **gently used or new couches or large chairs** for their community rooms. We have many men in our programs who enjoy games and movies in our community rooms and would enjoy something sturdy and large to lounge on.
4. The Blaine Center, an emergency shelter for 60 men is in need of new or gently used **microwaves**.
5. The new Compass Veterans Center, Renton is in need of: **art supplies (for kids and adults), new kid's toys and books, children's snack items and non-perishable foods**
6. **Ongoing needs** – we are always in need of the following. **WE ARE CURRENTLY IN GREAT NEED FOR ALL THESE ITEMS.**
  - a. Travel size shampoo, conditioner, soap and lotion
  - b. Razors & shaving cream
  - c. Tampons
  - d. Toothbrushes and toothpaste
  - e. Deodorant
  - f. New socks
  - g. Twin size sheets (new or gently used)
  - h. Bath towels (new or gently used)

Thanks for all your wonderful support!

Kristi Weber  
*Volunteer Coordinator*  
**Compass Housing Alliance**  
206-357-3108  
77 S. Washington St.  
Seattle, WA 98104

The Emergency Feeding Program of Seattle & King County presents the 19<sup>th</sup> Annual County-wide Food Drive Event of the Year

# MAYORS' DAY of CONCERN FOR THE **HUNGRY**

**VOLUNTEERS NEEDED!**

**Sept. 24, 2011**

With so many in our community continuing to struggle in these tough economic times, it can be hard to know how best to help.

You can turn just a few hours of your time into tons of FOOD for hungry local families by volunteering at your neighborhood grocery store.

Food collected benefits the Emergency Feeding Program of Seattle & King County and participating food banks.



**INFORMATION: 206/329.0300**

**[www.emergencyfeeding.org](http://www.emergencyfeeding.org)**

**EMERGENCY  
FEEDING PROGRAM**

SEATTLE  KING COUNTY

SINCE 1977

COMPASSION • INTEGRITY • RESPECT

P.O. Box 18877 • Seattle, WA 98118-0877  
206/329.0300 Seattle • 425/653-1652 Eastside  
206/860.8200 Fax • [info@emergencyfeeding.org](mailto:info@emergencyfeeding.org)







# The Spirit

Volume 28, Number 7

News for the congregations of the Northwest Washington Synod of the  
Evangelical Lutheran Church in America

August 2011

## Our Synod's Newest Ministries

by The Rev. Jerry Buss, Director For Evangelical Mission/Assistant to the Bishop



Of the 65 synods in the ELCA, the Northwest Washington Synod is near the top as far as starting new congregations. Currently we have 10 congregations-under-development, three second sites of existing congregations and four

exploratory worshipping communities for a total of 17 new starts.

The energy and resources invested by our synod in this area is quite significant. These new starts are supported by the synod's Evangelical Outreach Team, by congregations filling the role of fiscal agents, by prayer partners and by me as Director for Evangelical Mission (DEM).

A total of 15 mission developers are at work in these new ministries. Support for them comes from the synod candidacy committee, the TEEM (Theological Education for Emerging Ministry) program, and by people who serve as their coaches and mentors. The DEM is responsible for supervising mission developers and for overseeing a process to identify new mission developers and re-developers.

Up to half of the funding for new starts comes from the ELCA Churchwide, but our synod is expected to be a financial partner as well. About \$90,000 in synod funding is required every year to fulfill our part of supporting these new starts, with the synod share needing to grow even greater in the coming years. Also, several congregations and many individuals in our synod provide partnership support that is crucial to these new ministries.

While the support story is of great interest, even more interesting is the ethnic and multi-cultural mixture within the new starts. Five are among Chinese people, two among Latinos, one is Ethiopian and one is Indonesian. Others are multi-ethnic and multi-cultural, including the Church of Steadfast Love at the Compass Housing Alliance in Seattle where worship takes place in both English and Spanish. Some reach out to particular age-ranges or groups of people who have not always sensed that the church was for them. Welcome and hospitality formed by the Spirit of Jesus Christ makes these ministries possible. (An example is Luther's Table in Renton, which will be highlighted at the Churchwide Assembly in Orlando, FL.)

The newest ministry is just now being formed and receiving synod authorization. It is an exploratory worshipping community of Taiwanese people. There are fewer than 10 Taiwanese congregations in the entire ELCA, and the closest one is in Beaverton, OR. An ELCA Taiwanese pastor, Jeremy Shih, has been holding Bible studies in the homes of Taiwanese families while they search for a place to hold worship. About 40 adults are already part of this group, with significant momentum for the future. The families come from all over the Seattle metro area, but the worship site will most likely be in Bellevue.

As you can see, new possibilities "pop-up" anywhere and at any time. The Holy Spirit energizes the mission, and we do our best to keep up. If you have a dream for a new start or if your congregation wants to support mission work here in Northwest Washington, please be in touch with me or other leaders in the synod. Thank you.

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# The Journey Has Water And Miracles

## By The Rev. Nancy Winder, Assistant to the Bishop For Candidacy

Many years ago at Holden Village the late beloved poet Herb Brokering wrote a hymn for a baptism. The hymn was called *The Journey Has Water and Miracles*. Two young men began their life in Christ washed in the cold North Cascade waters of Railroad Creek and set out to find how God would engage them on their journeys.

A miracle is just that: a story of how God has intersected the lives of people and led them on paths they never would have discovered on their own. Those of us that have the privilege of working with applicants and candidates for rostered ministry in the ELCA get to hear these stories of God at work in the lives of these people, these daily and life-changing miracles that are part and parcel of being in Christ.

On the journey that began in the waters of baptism, people of all ages and cultures come to find their path to be called as a servant of God and others in the church. In our synod we have more than 60 people who are in one part or another of this process.

The journey of Candidacy is one of formation. The first step is Entrance. It includes being enrolled in a seminary and working towards the roster to which they feel called: Ordained Ministry, Associate in Ministry, Diaconal Ministry or Deaconess. In our synod we have people preparing for every roster.

The second step is Endorsement, which takes place the year before a candidate goes on internship or begins their project and field experience. This is the time when the person declares a particular roster and continues their preparation with more specificity.

Finally, at the end of their education, each person comes before the committee for Approval and, once approved, awaits assignment and call in the church. It is a good process, and your Candidacy Committee graciously walks with these people every step of the way.

The Candidacy Committee meets once a month, often all day. It is very unusual not to have a formal interview with a candidate at

each meeting. There are ten members on the Candidacy Committee, both lay and rostered. Staff to the committee are myself, Pastor Shelley Wickstrom (Region 1). Bishop Chris Boerger and Dr. Terry Fretheim (Luther Seminary, St. Paul, Minn.) are present for Approval Interviews.

Each community of the Gospel in this synod is the beginning point for these journeys, from each infant brought to the font, through each proclamation of God's grace in Christ, in every class and conversation grounded in the word of God.

All of you, by the power of the Holy Spirit at work here in this place, call forth the these new leaders for the future of Christ's church.

If you would like to learn more about the candidacy process, please click on this link: [www.elca.org/candidacy](http://www.elca.org/candidacy).

For anything to do with Candidacy in our synod, please contact me, Pastor Nancy Winder, at 206-383-5670 or [candidacy@lutheransnw.org](mailto:candidacy@lutheransnw.org).

***The Spirit***, a publication of the Northwest Washington Synod of the Evangelical Lutheran Church in America (ELCA), is intended for members, leaders, and clergy of synod congregations and organizations. Congregations are encouraged to copy ***The Spirit*** and include it in their own newsletters. ***The Spirit*** can be downloaded from the Synod website.

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Information for the August issue of *The Spirit* is due to the Synod Office by Wednesday, August 3.

# August 2011

August 2011						
S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

September 2011						
S	M	T	W	T	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	August 1	2	3	4	5	6
	Pastor Cindy on vacation					
	7:30pm NA meeting (Parish Hall)	10:30am Community Lunch (Parish hall)	3:30pm Suziki By the Sound Private Violin Class (Oasis Room) 6:30pm AA Meeting (Parish Hall) 7:30pm Stewardship & Finance (Upstairs Meeting Room)		10:30am Community Lunch (Parish hall)	10:00am CLCH Food Delivery 1:00pm Gender Odyssey BBQ (Parish Hall and kitchen)
7	8	9	10	11	12	13
Pastor Cindy on vacation						
10:00am Worship (Church) 12:30pm Social Advocacy & Outreach Meeting (Upstairs Meeting Room) 1:00pm CLCH Food Delivery	5:00pm CLCH Finance Meeting (Upstairs meeting room) 6:00pm CLCH Board Meeting (Upstairs Meeting Room) 7:30pm NA meeting (Parish Hall)	10:30am Community Lunch (Parish hall) 6:15pm Council Dinner (Parish Hall) 7:00pm Council Meeting (Sanctuary basement)	6:30pm AA Meeting (Parish Hall) 7:30pm KidsAreCentral Meeting (Copier Office)		10:30am Community Lunch (Parish hall)	10:00am CLCH Food Delivery
14	15	16	17	18	19	20
10:00am Worship (Church) 1:00pm CLCH Food Delivery 3:30pm CLCH Food Delivery	7:30pm NA meeting (Parish Hall)	10:30am Community Lunch (Parish hall)	3:30pm Suziki By the Sound Private Violin Class (Oasis Room) 6:30pm AA Meeting (Parish Hall)		10:30am Community Lunch (Parish hall)	10:00am CLCH Food Delivery
21	22	23	24	25	26	27
10:00am Worship (Church) 12:30pm Worship Committee Meeting (Pastor's Office) 1:00pm CLCH Food Delivery 4:00pm DC & V Gathering (Parish Hall & Upstairs Meeting Room)	7:30pm NA meeting (Parish Hall)	10:30am Community Lunch (Parish hall)	6:30pm AA Meeting (Parish Hall)		10:30am Community Lunch (Parish hall)	10:00am CLCH Food Delivery
28	29	30	31			
Pastor Cindy on vacation						
10:00am Worship (Church) 1:00pm CLCH Food Delivery 3:30pm CLCH Food Delivery	7:30pm NA meeting (Parish Hall)	10:30am Community Lunch (Parish hall)	6:30pm AA Meeting (Parish Hall)			
Teacher Sarah coming in to set up for SPP						



## *Mark your calendars*

### **Summer Schedule**

10:00 am Worship

Please note that Singing School, Choir, Sunday School, Adult Forum, and Café Central will take a break over the summer- please join us in the fall!



Central Lutheran Church...

Following Christ;

sharing God's love for all people.

Mission Statement