

The Tidings

July 2009

*A newsletter of Central Lutheran
Church of the Holy Trinity*



Love to Serve!

Peace Camp 2009

August 10th - 14th

Summer is here and Kids Are Central is very excited about Peace Camp 2009. This year the theme is "Love to Serve!" Our enthusiastic counselors from Lutherwood will take our campers on an exploration of joyful service. The kids will enjoy songs, bible stories, crafts, and field trips throughout the week. Peace Camp is a great opportunity for your kids to bond with other kids from Central.

Peace Camp meets Monday through Friday from 9:00am to 3:30pm. Extended care is available 8:00 – 9:00am and 3:30 to 5:00pm. The cost for the entire week is only \$75 with an additional donation of \$10 suggested for extended care.

The registration and volunteer forms can be found on pages 9 & 10 and will also be available in the office. Once you have completed your registration form, please return it, along with the fee to Sandy.

As always, we will need VOLUNTEERS to help make the week a success. If you think you will be able to help with extended care, snacks, hosting the Lutherwood counselors, and/or general kid wrangling, please let Steven Chapman know. He can be contacted at chinadad@gmail.com or 206-236-2729.

Hope to see you there!!

Central Lutheran Church
of the Holy Trinity
1710 Eleventh Avenue
Seattle, Washington 98122
phone: 206-322-7500
fax: 206-322-0195

Summer Schedule

Worship: 10:00 am

Pastors:

Shannon Anderson

email: pastor@loveiscentral.org

By appointment on Monday through
Wednesday 10:00 am to 6:00 pm

Verlon Brown

office hours by appointment, please call
the office, 206-322-7500

Office Manager:

Sandy Kraegel

email: office@loveiscentral.org

Office hours: 9:30-4:30 Tuesday-Friday

Music Director:

Jim Peterson

email: music@loveiscentral.org

Custodian:

Duane Miles

**We are an open and affirming
congregation, which in Lutheran
churches is called Reconciling in
Christ. We seek to share God's love
with all people regardless of race,
age, gender or sexual orientation.
All are welcome.**



Thank you!

ACOLYTES: Savannah Daniels, Mebrat Debassai,
Corinne Burger, Eliza Sorenson, Nate Copley, Evan Farley,
and Carol Radke-Bogen

ALTAR GUILD: Julia Maywald, Cynthia Wold, and
Chris Kealy

ASSISTING MINISTERS: Theresa Wagner, Natalie
Tews, Cliff Kempner, John Mostrom, and Steven
Chapman

COFFEE: Melissa Ford Shah, Kjersti Braunstein, Julie
Mattson, Brenda Michael, and Steve & Emily Samario

COMMUNION BREAD: Theresa Wagner and Carl
Kaiser

TELLERS: Paul Huffman, Allen Jones, Kevin Urdahl,
Chris Kealy, Allison Stephens, Pam Gregory, and Jeff
Roberts

USHERS: Carla Teigen, Jackie Brolsma, and Brenda
Michael



Receive the lessons via e-mail: Many people find it
helpful to read the Sunday lessons ahead of time. If you
would like to receive a weekly e-mail with the upcoming
Sunday's lessons, please let Sandy know at
office@loveiscentral.org.



Note from Pastor Anderson

Summer is in full swing here in the Northwest and we have already been blessed with some beautiful weather. There is nothing like summer here with its warm but not too warm climate that invites us to get outdoors and enjoy the beauty of God's creation. With summer comes adventure and travel, time off from school and hopefully a more relaxed pace of life.

Another fact of summer, though, is often less opportunities for worship with your community at Central. Whether it's the call of the outdoors or family in far off places or vacation time, there are many things that pull us away from Sunday mornings at Central. How in this time do we stay connected to one another and to our spiritual center? There are so many things in our culture and world that distract us from God and from the deep reality of God's goodness. Regular worship is one thing that helps keep us connected. But how do we maintain that connection in the summer when regular worship at Central might not be possible? I'd be interested in hearing from you ways that you and your family keep that connection. In the meantime, here are some suggestions:

- When you are out of town over the weekend, try worshipping with another community. This can be a great opportunity to see how other congregations gather around the good news. As you worship, say a prayer for your Central community and bring back a bulletin. At the end of the summer we can see where we've all been.
- To stay connected to Central's worship when you are out of town, ask Sandy to e-mail you the weekly bulletin.
- When enjoying the beauty of creation, take a moment to remind yourself of the Creator. Give thanks to God for your surroundings.
- Take a church directory with you when you travel and take some time to pray for your Central family (or use the prayer list in the newsletter).
- There are many online devotional materials that you can use on a daily or weekly basis. The ELCA website has a good selection of both personal and family devotions that range from formal to informal. You can find it by going to www.elca.org and typing 'Personal and Family Devotions' into the search box.
- As you spend time out of your normal routine, watch for encounters that surprise you, these are often signs of God at work.
- Look for opportunities to be 'Christ to your neighbor' to those you encounter in your travels. Thank God for those strangers who become Christ to you through kindnesses small and large.
- And finally...when you are in town, join us on Sunday mornings for a celebration of God's love and justice.

Wherever you go, whatever you do this summer, your Central family holds you in prayer and we look forward to sharing adventures and discoveries this fall when we all come back together.

Peace,

Pastor Shannon



From the Co-Presidents

Dear Congregation Members~

The Church Council gathered June 9th for our monthly meeting that included our regular meal together. We spent our mealtime sharing our summer plans. It was fun to hear about travel plans to South Africa, Greece, Italy, Holden Village, South Dakota, Vancouver Island and the backyard garden! We talked about ways to stay connected over the summer as we “scatter” with family and friends. We welcomed back Karen Sticklin who returned after an extended medical leave following her bicycle accident late last summer. She even provided the main dish and added her usual humor to the meeting!

HIGHLIGHTS OF THE JUNE MEETING:

- We approved the recommendation from Pastor Shannon and our office manager **to lease a new copier**. They have been researching copiers as well as “demonstrating” three different types. For many reasons it seems feasible to lease rather than purchase. We hope you weren’t getting too used to the lovely color in the bulletins lately, as that won’t be a feature of the newly leased one!
- The Council also took time to discuss the “**Hour of Service**” or “Work Party” that we held on May 31st. **We are very grateful to all of you who donated your time, tools and talent to the outdoor and indoor activities we were able to accomplish in such a brief time!** It is amazing what an hour can do! It was also great to see folks come and say they felt good about being able to contribute, when other work party times had not been convenient in their schedule. Many people felt it added to the day of celebration for Jon and Juni and reflected the spirit of their life together. It was noted that the outdoor activity seemed to catch the attention of people passing by, some noticing the church for the first time. It certainly beautified the church landscape. **Let’s plan the next one!**
- We finalized the **Policy on Undesignated Gifts and discussed plans to share it with the congregation in a variety of ways**. Stay tuned for more in the coming months about the policy and the spiritual dimensions of its intent.
- **We continue to track the financial health of the congregation**, noting that we are fairly close to last year’s income and expenses with a May deficit around \$2,300. We celebrate the decision of some members who are transferring their capitol pledges into the operating budget.
- We always close with prayer, remembering those in our congregation on our current prayer list or those whom Shannon knows would like to be remembered.

We continue to appreciate the opportunity to serve you in this shared ministry at Central, and we give thanks for the hard working staff who support our life together.

Blessings on your summer—we want to hear all about it!

In Christ,
Jackie Broolsma & Cheri Cornell

Pastor's June Report to Council (for May activities)

Every month, Pastor Shannon submits a written report of activities to the council. Below is a version of this report. Please ask her if you have any questions about her activities or any of the community groups she meets with. If you would like a pastoral visit or know someone who might, please let her know. Pastor Shannon works Saturday-Wednesday.

Pastoral Care – 15 contacts

Church Meetings/Events

- Council
- Council Retreat
- Long-Range Planning
- Staff Meetings
- Leadership Development
- KidsAreCentral
- Stewardship and Finance
- Web Team
- Worship Committee
- Council work party
- Jon and Juni Anniversary
- Shannon McMullen Recital

Community Meetings/Events/ Representation

- Community Lunch Board
- Synod Council
- Synod Assembly

Teaching and Study

- Participated in Text Study 5/7
- Confirmation 5/9, 5/30
- Bible Study 5/4, 5/18
- Led forum on Amos 5/3, helped with Long-Range Planning forums 5/10 and 5/17

Worship

- Preached 5/10, 5/17, 5/31
- Healing Service 5/17

Administration

- Working on getting a new copier

Jon and Juni Nelson will be spending the summer in Minnesota. They asked to have their summer address published in the Tidings so you can stay in contact with them over the summer.

PO Box 647
Moose Lake, MN 55767



Adult Faith Formation

Re-Imagining the Adult Education Hour

Although we are in the middle of summer, your council is already beginning to plan for the fall and one of the things that we have been thinking about is the Sunday morning adult education hour. Is there a way that that time could be more filling for people? What classes should we offer? Should we do other things during the hour? We spent some time talking about this at our retreat in May and hope to devote more time at our July meeting. Some ideas that are being tossed around:

- On Pentecost, many of us had a great experience with the ‘hour of service.’ Maybe we should do something like that regularly. It’s amazing how much work can get done in an hour with so many hands on deck.
- A number of folks find the hour a great time to visit and enjoy a cup of coffee at Café Argentó. Should we build more fellowship time into our schedule? Maybe once a month we have no forum and invite people to enjoy coffee at Faisal’s (Café Argentó) or at the church.
- Parents really enjoy the parenting group that Stephanie Cross leads once a month. Are there other groups that might like to meet during that time? The new knitting group could meet then. Or maybe you have an idea for a group that might work well on Sunday mornings.
- Forums, of course, continue to be on the schedule and Pastor Shannon is already thinking about some classes for the fall. In addition, we as a council have already asked for time on the schedule to share with you some of the work we’ve been doing this spring and summer around thinking about how best to use gifts such as the Mickelsen bequest.

As the council continues to brainstorm, we’d love your input. Tom Donlea is coordinating the council work on this effort and would love to hear from you if you have ideas or interest in conversation about Sunday mornings. You can also speak to Pastor Shannon or any council member.

Looking forward to Sunday mornings this fall.

Pastor Shannon, Tom Donlea and the Central Council



This 'n' That

Central Men's Gathering for July

Join us on **July 21st** at Big Time Brewery in the "U" district (4133 University Way NE, Seattle, 206-545-4509).

We will meet at 7:00 p.m. and John Mostrom is our host and convener.

Hope to see you there for the Mid Summer fun.

If you have any questions, please contact John at john@mostromwoods.org.

Knitting Group!

Please join us on **Sunday July 5th** to knit and craft with your fellow Centralites. We'll meet in the church basement after church and coffee hour for fellowship and handwork. Bring your current project and your enthusiasm. Contact Pastor Shannon or Jennifer Evans (206-855-7942) with any questions. Hope to see you there!

OPEN DOOR MINISTRIES NINTH ANNUAL AUTUMN GALA DINNER AND AUCTION SATURDAY, NOVEMBER 7, 2009

Open Door Ministries will be holding its Ninth Annual Autumn Dinner and Auction on Saturday, November 7, 2009, 5:00-9:30 p.m. in the Brockey Canter at South Seattle Community College. All proceeds from this auction will support the ongoing ministries Open Door provides.

Please consider donating an item, service or certificate to the auction. Providing services, or experiences, such as boat rides, catered meals, yard work, home baked goods for a number of months, groceries, condo in Hawaii, certificates, etc., are very big items that draw great bidding responses. Please contact Sylvia Maier, 206-367-4316, maiersyl@yahoo.com for procurement forms or for questions answered about possible items. The deadline for donations is September 30th.



Thank you for your ongoing support to Open Door Ministries.

Central Lutheran – An Advocating Congregation?

As part of our long-range planning process, Central's Church Council has been investigating ways of promoting additional service and advocacy opportunities for members of the congregation. We are busy people, juggling work, home and community responsibilities. For many of us there simply seems no time left in the day to add another activity, no matter how intriguing or important it might be. And yet, as people of faith we are called to be God's hands in the world, doing God's work, and lending our voices to the chorus crying out for justice. As caring individuals and as a caring community, we need to find ways to balance this call to service and advocacy with the myriad other activities that our lives call us to.

One way we are looking into to help us find this balance is the question of becoming an "advocating congregation." This is a new program of the Lutheran Public Policy Office (LPPO) designed for congregations looking to make advocacy more of a shared priority.

What are Advocating Congregations?

Advocacy on behalf of people who are marginalized, impoverished, or oppressed is an important way in which Lutheran Christians live out their affirmation of baptism to "serve all people, following the example of our Lord Jesus," and "to strive for justice and peace in the world." (*Affirmation of Baptism, ELW*) Advocating congregations are asked to establish a covenant with the Lutheran Public Policy Office of Washington State toward building a shared ministry of advocacy. As an advocating congregation, a congregation makes a public statement that advocacy is a ministry of high priority for its members.

The decision to be "An Advocating Congregation" is intended as a way for congregations to realize their role as people of faith not only in the public sphere, but also as proponents of justice and peace in our churches. Advocating congregations work in partnership with LPPO, utilizing their support and resources as they expand their public ministries.

Examples of What an Advocating Congregation Might Look Like

- Congregation members would receive information about upcoming legislative actions and, if the Spirit moved them, they would be encouraged to call, write to, and meet with Legislators.
- Congregation members might participate with LPPO in Faith Advocacy Day each year.
- Congregations might lead or promote voter registration in the community surrounding the church.
- Congregations might host an education forum about an issue that is of interest/concern to its members.

Central is in the early stages of discerning how to increase our involvement and to strengthen our voice in issues of equality and justice. Partnership with LPPO is just one way we as a community can work to make this world more closely resemble the one that God intends for us. If you'd like to take an active role in this important discussion, please contact Brian Anderson at 425-885-7452 or briansueanderson@hotmail.com.

Central Lutheran Church Peace Camp 2009

Monday, August 10 – Friday, August 14

July 2009/ Page 9

Registration form

Youth's Name: _____

Parents(s): _____

Age: _____ Grade youth will be entering this upcoming school year: _____

Extended care needed? If yes, which days? _____

Address: _____

Home Phone: _____ Cell Phone: _____

E-mail address: _____

Emergency contact name: _____

Emergency contact phone number: _____

Family Physician: _____ Phone Number: _____

Food Allergies: _____

Other Allergies: _____

Medications: _____

Youth will need to take medication during camp: Yes No

Please list the dosage and times youth will need to take medications: _____

Please list any other medical/behavioral/sleep conditions you think it would be helpful for us to know about: _____

In case of emergency, if family physician cannot be reached, I hereby authorize my child to be treated by Certified Emergency Personnel. (i.e. EMT, First Responder, E.R. Physician)

Parent or Guardian Signature

Date

Peace Camp meets Monday through Friday from 9:00am to 3:30pm. Extended care is available 8:00 – 9:00am and 3:30 to 5:00pm. The cost for the entire week is only \$75 with an additional donation of \$10 suggested for extended care.

Volunteer to help with Peace Camp 2009!

As always, we will need volunteers to help make the week a success. If you think you will be able to help with extended care, snacks, and general kid wrangling, please note the days and times you are available below. Please also mention in what capacity you'd like to volunteer.

Monday

Tuesday

Wednesday

Thursday

Friday



Our Gang

All good things must come to an end and this month was the end of **Liz Langeland's** time at Holden. She served for a year and a half as their staff coordinator and then helped with some other special projects. She had a great time and is now looking for new adventures. She stopped by Central and Seattle in June on her way to spend the rest of the summer with her sister **Andrea** in Colorado. She'll most likely be back here this fall and we'll be so glad to have her with us regularly again... New beginnings are also afoot this month for a couple of Centralites. **Bill Donkervoet** is about to become the proud owner of a new sailboat. He'll be living aboard his boat at Shilshole Marina where **Pastor Shannon and Mitch** have their boat. June was also a new beginnings month for **Amy McDougall** who got married back in Minnesota on the 20th. Congratulations **Amy!** For those of you who don't know, **Amy** has been doing some great work for the Community Lunch Board this year and we've been so excited to have her talents and skills in that important group. Finally, new adventures are around the corner for **Megan Medsker** who is leaving for Germany to meet her husband **Brian Mostrom**. They are both excited about this new stage in their life and they promise to send lots of updates. **Cathy Woods and John Mostrom** are excited about having relatives in Europe to visit!

It's been quite a month for Central's musician, **Jim Peterson**. In late May, his high school choir performed at the San Francisco Heritage Festival and were awarded 'Outstanding Choir of the Festival.' **Jim** is also excited to report that his partner **Billy** continues to improve. They are so grateful for all of your prayers and wishes. They are especially grateful to Centralite **Cynthia Wold** who has offered her healing hands to Billy as he continues to recover. **Cynthia** is a licensed massage therapist. **Billy** is now well enough that they are spending a relaxing week together on the Oregon coast.

Meredith Fane continues to enjoy her work with the Make-A-Wish Foundation. Right now she is preparing for the 'Walk for Wishes' 5K. She, **Nik, and Anika** have formed a team and invite you to support their team or even join them on August 16th.

Well, that's all for this month. Our Gang hopes to hear about all your summer adventures. Safe travels and happy summer!



Below, you'll find the names of Centralites celebrating their birthday this month. Share a birthday wish with them and help make it a special day!

Bruce Myka	7/01
Daniel Kaiser	7/03
Greg Mostrom	7/07
Ethan Cornell Burger	7/09
Steven Chapman	7/13
Bob Hartl	7/17
John Kealy	7/18
Brian Mostrom	7/19
Joscelyne Gray	7/20
Austin Mullins Mjolsnes	7/20
Dana Swenson	7/20
Karen Sy	7/20
Anna Kiem	7/23
Ruth Fjellman	7/24
Cliff Kempner	7/24
Adam Billen	7/25
Brita Decker	7/28
Pam Gregory	7/28

Playing God

This is such an interesting turn of phrase, because God doesn't play God, humans do. We say "He/she is playing God" when we believe someone is making decisions for someone else and taking their freedom of choice from them. That's not how God operates!

God is not a divine puppeteer. God let's us make our own choices and then let's us live with the consequences. God accompanies us through what we have created for ourselves, to be sure, but it is we who did the creating.

So let's get real about what it means to play human. Even if our intentions are good, sometimes we seek to "protect" others by not giving them information about what is happening around them, or even in their own bodies.

A man was told once, "Don't tell your aunt that she is very sick. It will upset her." When the man visited his aunt, she said, "Well, I have my affairs in order, I'm ready to die." One wonders who it was that needed protecting.

When we don't let children experience at least some of the consequences of their actions, they grow up to believe that their actions have no consequences. You have met these people and you can tell right away that their parents did them no favors.

So maybe we should trust God to be God. Maybe we should be honest, forthright, and lovingly firm with our children. Maybe God is really as present as God claims to be when we face the realities of our lives.

Maybe we should just have... Faith...in Everyday Life.

*May
Attendance*

May 3rd	62
May 10th	96
May 17th	no attendance taken
May 24th	57
May 31st	139



For Prayer

Central does have a Prayer Chain. If you are interested in joining it or have a concern you would like to have the Prayer Chain pray for, please contact Pastor Shannon (206-322-7500; pastor@loveiscentral.org).

Shut In:

Betty Haberman
Doris Schlecht
Doris Carlson

Ill and recovering:

Kathy Twohig
Cliff Kempner's niece Jessica
Roger Nyhus' mom Phyllis
Tom Donlea's niece Amy and her son Hudson
Sue Anderson's mom Lois
Brian Anderson's mom JoAnn
Miranda Anderson
Jim Peterson's partner Billy
Jonna Farley
Emily Griffin
Yada Hartmann
Duane Miles' sister-in-law Dixie
Jon Nelson
Don Firth
Julie Mattson
Bonnie Thoreson

Expecting:

Greg and Emily Griffin
Jamie and Eric Pedersen

Mourning:

Jon and Juni Nelson on the death of their son Joshua



*Coffee Hour
Schedule*

Please find the coffee hour assignments for the next two months below. Please check your schedule ahead of time and if you are unable to take care of coffee hour on your assigned Sunday, please try to switch with someone and let Sandy know who will be taking your place.

July 5th- Bruce & Cori Myka and Lecia & Alexi Phinney

July 12th- Brooke Powers, Stephen Emmons, and Duff & Allison Radke-Bogen

July 19th- Adam & Lynn Rauch, Steven Saito, and Kari Roe

July 26th- Jeff Roberts and Allison Stephens

August 2nd- John Mostrom and Cathy Woods

August 9th- Brian Schoof and Eunice Stricker

August 16th- Karen Sticklin and Natalie Tews

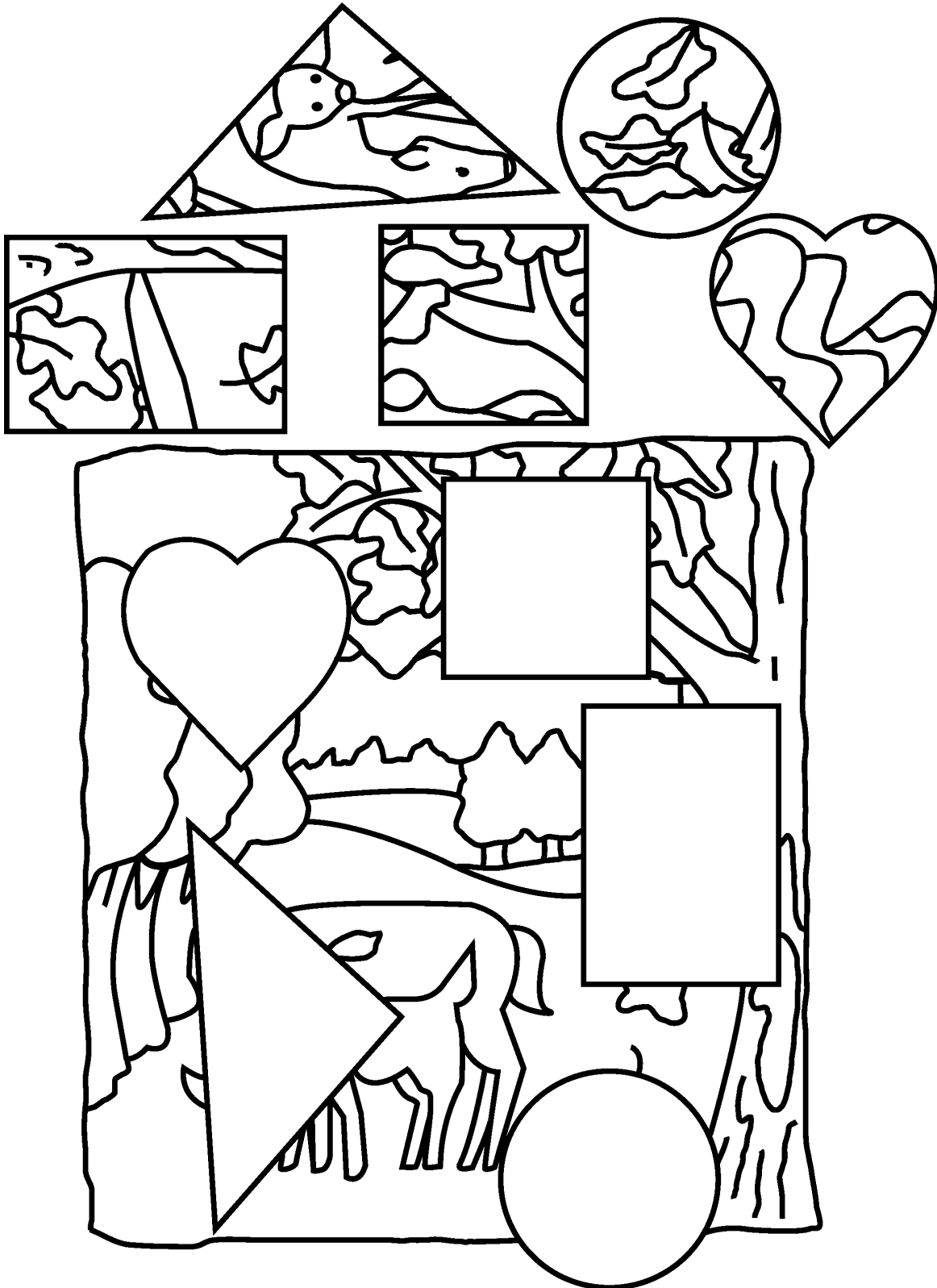
August 23rd- Karen Sy, Carla Teigen, and Dan Skjonsberg

August 30th- Kevin Urdahl and Cynthia Wold



Central Kids' Page

Cut out the shapes and paste them onto the picture. Then color the picture.



Central Lutheran Church
1710 11th Avenue
Seattle, WA 98122

Non-Profit Organization
U.S. Postage Paid
Seattle, WA
Permit #398

RETURN SERVICE
REQUESTED

Central Lutheran Church...

Following Christ;

sharing God's love for all people.

Mission Statement