

The Tidings

June 2009

*A newsletter of Central Lutheran
Church of the Holy Trinity*



Annual Central Picnic, Sunday June 14th

As you are making your final plans for the summer—with family vacations, trips to the beach, and hikes in the mountains—remember there is one more thing to add to your calendar: **The Annual Central Lutheran Picnic.**

Join your fellow members of the Central family on **Sunday, June 14th** for an afternoon of sun (*we hope*), food, and fun. We will be gathering after the church service across the street in Cal Anderson Park. Bring a blanket to sit on and a dish to share as we close out the year in joyful fellowship. There will be games for the kids, plenty of food, and great conversation.

And there's always a surprise or two.

You won't want to miss it.

Hope to see you there!

Central Lutheran Church
of the Holy Trinity
1710 Eleventh Avenue
Seattle, Washington 98122
phone: 206-322-7500
fax: 206-322-0195

Summer Schedule (begins June 7th)

Singing School: 8:30 am (last Singing School is June 7th)

Choir: 9:00 am (last choir practice is June 7th)

Worship: 10:00 am

Pastors:

Shannon Anderson

email: pastor@loveiscentral.org

By appointment on Monday through Wednesday 10:00 am to 6:00 pm

Verlon Brown

office hours by appointment, please call the office, 206-322-7500

Office Manager:

Sandy Kraegel

email: office@loveiscentral.org

Office hours: 9:30-4:30 Tuesday-Friday

Music Director:

Jim Peterson

email: music@loveiscentral.org

Custodian:

Duane Miles

Nursery Attendant:

Nicole Bateman

We are an open and affirming congregation, which in Lutheran churches is called Reconciling in Christ. We seek to share God's love with all people regardless of race, age, gender or sexual orientation. All are welcome.



Thank you!

ACOLYTES: Evan Farley, Daniel Kaiser, Brendan Farley, Erika Kiem, Corrine Burger, Eliza Sorenson, Nicole Anderson, Rachel Rauch, Salina Debassai, and Carol Radke-Bogen

ALTAR GUILD: Jo Hart, Jennifer Evans, and Lecia Phinney

ASSISTING MINISTERS: Cathy Woods, John Mostrom, Nancy Tuininga, Paul Huffman, Tom Donlea, and Allison Radke-Bogen

COFFEE: Cindy & Wayne Johnson, Mike & Dana Lough, Pam Johnson, Julie Havlicek, Jamie & Eric Pedersen, Allen Jones, and Lois Austin

COMMUNION BREAD: Darla DeFrance

TELLERS: Carla Teigen, Kevin Urdahl, Darla DeFrance, Pam Gregory, Adam Rauch, Jamie Pedersen, and Cathy Woods

USHERS: Carla Teigen, Natalie Tews, Karen Sticklin, and Jackie Brolsma

Receive the lessons via e-mail: Many people find it helpful to read the Sunday lessons ahead of time. If you would like to receive a weekly e-mail with the upcoming Sunday's lessons, please let Sandy know at office@loveiscentral.org.



Note from Pastor Anderson

Last month, I had the privilege of spending the sunniest weekend of the month indoors with hundreds of Lutherans from around the synod (including Jackie Brotsma, Darla DeFrance, and Steven Chapman from Central). Despite the bright sunshine outside, we didn't mind being together inside and I think that is because the Spirit was at work among us. Among the joys of the weekend were:



- seeing Jon Nelson recognized for 50 years of ordained ministry (wow!)
- voting to support work that the ELCA is doing for peace in the Holy Land
- voting to encourage and educate congregations and individuals to be good stewards of water by not using bottled water
- participating in worship that was joyful and Spirit-filled
- participating in workshops that were thoughtful and inspiring

However, the greatest joy for me was listening to the synod debate about the proposed social statement on human sexuality and the sexuality task force's recommendations that would allow the blessing of same sex relationships and the rostering of those in same sex relationships. As we discussed these issues for the umpteenth time, there was a new spirit of openness and graciousness in the assembly and it was clear that we are ready for a new day. I am filled with hope as the churchwide assembly approaches. I am hopeful that we will find a way to adopt the social statement and to move forward with accepting all people in the church. My prayers will be with our voting members this summer and I invite you too to pray for the ELCA and for their deliberations this summer.

God's Peace,

Pastor Shannon

If you would like more information about the sexuality study, visit the ELCA web site (www.elca.org) and type "human sexuality social statement" into the search box. If you would like more information about what happened at this year's assembly, please talk to me, Darla, Jackie or Steven. And please thank Darla, Jackie and Steven for representing us well this year!



From the Co-Presidents

Dear Centralites:

Spring has sprung here at Central (despite the weather outside). As you will see, Council and the Long-Range Planning (LRP) committee have been tilling the fertile soil of our collective imaginations and planting some new seeds. We're looking forward to a plentiful harvest.

On the weekend of May 1-3, Council met for its annual retreat at the home of Cheri Cornell's parents (thanks, Doris and Gary) with special guests, the LRP team, which led our Saturday agenda. Using the framework of the Natural Church Development (NCD) model, LRP asked us to focus our efforts on the area in which (according to a recent NCD survey) Central is weakest: Need-Oriented Evangelism. In a typical Central move, we've defined Need-Oriented Evangelism as a series of questions:

- How do we, individually and as a congregation, share God's love for all people?
- How do we reach out to the community around us?
- How do we share our joy with...
 - each other (internal)?
 - those we meet and know outside the church (external)?
- How does the church encourage evangelism?

As we explored these questions, we developed lists of church characteristics we'd like to preserve, jettison, or achieve. For example, we'd like to preserve Central's respect for religious plurality, avoid becoming self-righteous in the larger religious community, and expand our social outreach beyond the community lunch ("achieve").

Next, we turned to drafting goals for improving our Need-Oriented Evangelism and action plans for each goal:

1. Develop a stronger connection with the community lunch (Action Plan ("AP") example: Council serve lunch once a year).
2. Identify compassionate outreach opportunities beyond the community lunch (AP example: conduct a neighborhood needs survey).
3. Practice listening and sharing our faith stories more regularly at Central (AP example: use a Forum to interview each other about faith experiences).
4. Create a better structure for identifying needs and empowering evangelism (AP example: create an evangelism committee).
5. Establish a stronger voice and identity in the larger community (AP example: host and/or sponsor community events consistent with our mission).

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From the Co-Presidents

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This is just a sample of the important work that Council and LRP accomplished at our retreat. If you want to know more about the retreat work, please feel free to contact the undersigned Yours Truly or any member of Council or LRP. If you want to know about the boys vs. girls game of “25 Words or Less”, ask one of the female council members (Shannon was especially good)...the males are still licking their wounds and may be sensitive. Also, Jackie became especially accomplished at exploiting all of the electronic gizmos on Doris Cornell’s electronic piano and has volunteered to conduct an entire liturgy in the Latin Samba mode.

Council had a notably productive and satisfying regular meeting on May 12. Our new consent agenda allows us to move quickly through day-to-day administrative issues so that we can devote our time and energy to the Big Picture. We dove into an important discussion on how we can create a culture of volunteerism and involvement in our congregation. We examined some of the reasons that volunteering at Central is difficult and what can be done to make it easier. We also asked if we, as congregation leaders, are setting a good example—it turns out that we could do better. To that end, Council is brainstorming ways in which we can lead by example when it comes to volunteering. Look for and expect your Council to volunteer more...and we’ll look for and expect you to step up, too!

The other big news from our May Council meeting is that we gave birth to a policy! It’s a beautiful little thing, called “The Policy for Unrestricted Gifts and Bequests.” The Mickelsen bequest has led to many questions, including how do we act responsibly and gratefully when a member blesses us with a generous financial gift? This policy is intended to guide us through planning for the Mickelsen bequest and any other unrestricted gift we may receive in the future. The policy’s major principles are:

1. We will tithe 10% of the unrestricted gift.
2. We will transfer 10% of the unrestricted gift to the Property Enhancement Fund.
3. We will use 80% of the unrestricted gift to strengthen the life and mission of the congregation.

The policy includes many more details and will be published in the next Tidings.

Yours in Christ,
 Jackie Broolsma, Council Co-President
 Cheri Cornell, Council Co-President
 Adam Rauch, Chair of Long-Range Planning

Pastor's May Report to Council (for April activities)

Every month, Pastor Shannon submits a written report of activities to the council. Below is a version of this report. Please ask her if you have any questions about her activities or any of the community groups she meets with. If you would like a pastoral visit or know someone who might, please let her know. Pastor Shannon works Saturday-Wednesday.

Pastoral Care – 15 contacts

Church Meetings/Events

- Council
- Long-Range Planning
- Staff Meetings
- Leadership Development
- KidsAreCentral
- Stewardship and Finance
- Web Team (2x)
- Personnel
- Worship Committee

Community Meetings/Events/Representation

- Community Lunch Board
- Synod Council

Teaching and Study

- Participated in Text Study Group 4/2, 4/16, 4/23, 4/30
- Confirmation 4/4, 4/25
- Bible Study 4/6, 4/20
- Led Forum on Lent (4/5)

Worship

- Preached 4/19, 4/26
- Holy Week Services
 - Maundy Thursday
 - Good Friday
 - Holy Saturday (70 people attending!)
- Caden Carrico Emmons baptism

Administration

- Working on getting a new copier

Continuing Education

- Half-day seminar on Boundaries in ministry (led by Eldon Olson)
- 1 day Bishop's Convocation (Judaism in new testament times)

Central Lutheran Church...

Following Christ;

sharing God's love for all people.

Mission Statement



This 'n' That

Save the date!

Central will be marching in the Pride Parade on June 28th
with Immanuel Lutheran and Trinity Lutheran Church.



Monday Night Bible Study meets June 1st- last Bible Study meeting until the fall

Please join us at 6:30pm for tea, conversation, study and prayer. Please speak to Pastor Shannon for more information.

Central Men's Gathering for June

Come and join us for a beer, some conversation, and enjoy a warm pre-summer evening. We will be meeting on Tuesday June 16th at 7:00 pm at the Elysian on 13th and Pike, not far from church.

Questions? Contact Mitch at mitch.watney@gmail.com.

Knitting Group!

Please join us on Sunday June 7th for Central's newest knitting and crafter's group. We'll meet in the church basement after church and coffee hour for fellowship and handwork. Bring your current project and your enthusiasm. You are also welcome to bring snacks for yourself or to share. Contact Pastor Shannon or Jennifer Evans (206-855-7942) with any questions. Hope to see you there!

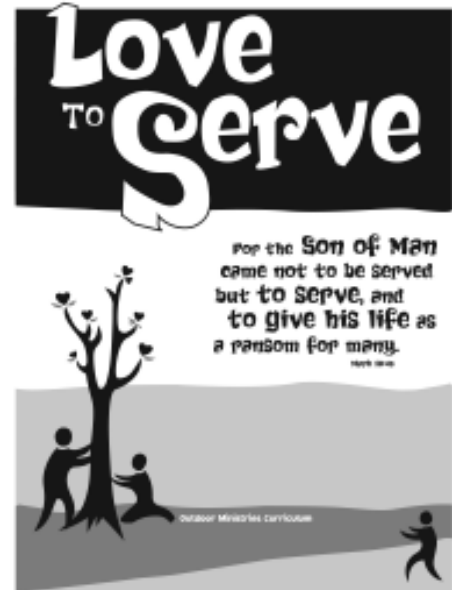
Love to Serve!
Peace Camp 2009
August 10th - 14th

Summer is here and Kids Are Central is very excited about Peace Camp 2009. This year the theme is "Love to Serve!" Our enthusiastic counselors from Lutherwood will take our campers on an exploration of joyful service. The kids will enjoy songs, bible stories, crafts, and field trips throughout the week. Peace Camp is a great opportunity for your kids to bond with other kids from Central.

Peace Camp meets Monday through Friday from 9:00am to 3:30pm. Extended care is available 8:00 – 9:00am and 3:30 to 5:00pm. The cost for the entire week is only \$75 with an additional donation of \$10 suggested for extended care.

Registration forms will be e-mailed to all parents and will also be available in the office. Once you have completed your registration form, please return it, along with the fee to Sandy.

As always, we will need VOLUNTEERS to help make the week a success. If you think you will be able to help with extended care, snacks, hosting the Lutherwood counselors, and/or general kid wrangling, please let Steven Chapman know. He can be contacted at chinadad@gmail.com or 206-236-2729. Hope to see you there!!



Youth Pizza Night and Youth Sunday

Central Youth are invited to join Pastor Shannon and Bill Donkervoet on **Sunday June 7th** at 5 pm for pizza, fun and planning. We'll eat together, do some worship planning and have time for a game or two. We'll be planning worship for **Sunday, June 14th** where the youth will participate as worship assistants, readers, prayer leaders and ushers.

We'll meet from 5 to 7 pm in the Youth Room in the sanctuary basement. Youth are asked to bring \$7 to cover the cost of pizza.

Questions? Ask Pastor Shannon. See you on the 7th!



Our Gang

Emily and Greg Griffin believe in the power of prayer and are happy to report that their pregnancy continues to progress. They are so thankful for all the prayers and cards from members of Central (and **Emily** is so thankful for all of **Greg's** good care while she is on bed rest)...In other baby news, the **Pedersen family (Jamie, Eric and Trygve)** are preparing for the arrival of triplets by getting a new mini van and **Jonah Ford Shah** made his first appearance at church on Mother's Day (accompanied both by his mother **Melissa Ford Shah** and his grandmother).

Life is a cycle and even as we prepare to welcome new babies in our midst, we also say good-bye to someone who is moving on to new adventures. **Laura Johnson** who has been worshipping here since her LVC year is making a big move. She's headed to Wisconsin with her boyfriend Andy who will be attending graduate school there. We'll miss **Laura** (and her beautiful voice in the choir and her support of LVC) and we wish them both the best of luck in this next chapter of their life.

Other folks are heading out of town these days, but thankfully also coming back. **Tom Donlea and Julia Maywald** are combining business with pleasure in a European trip. Tom is squeezing in some vacation in between work meetings and Julia is enjoying some European travel sans kids. We're sure they'll share their experiences when they get back, but Our Gang got a tip recently that **Tom** ran into **Garrison Keillor!** on his way back to the hotel in London. Tom, of course, introduced himself as a fan and an adopted Lutheran. We also heard through the grapevine that **Julia** was able to meet up with **Ruth deKok** in Amsterdam and had a nice visit. In the meantime, **Grandpa Richard** had a great time with **Siri and Leo**.

Darla DeFrance and Marinko Kordich are heading out this month for some European travel without the kids. They are visiting Marinko's family in Croatia (and also hoping for some good beach time while they are there). **Christa Dumpys** is looking forward to the trip of a lifetime. She and her mother and headed to the motherland (Norway, of course). **Christa** says she's very excited (and as preparation, she marched in the Norwegian Independence Day Parade in Ballard this month). Heading to the other side of the world this summer are the Cornell/Burger clan. **Cheri, Corinne, and Ethan** are headed off for a month of safari in Africa this summer.

Traveling is fun, but so is welcoming guests from out of town and the **Wagner/Kaiser clan** was happy to welcome **Theresa's** sister Melinda and her family this month. Melinda and her husband were up to do a presentation at this year's synod assembly. For **David and Daniel**, this was a great chance to get in some good play time with their cousins.

...till next month, enjoy the sun (while it lasts) and see you in church!



Happy Birthday

Below, you'll find the names of Centralites celebrating their birthday this month. Share a birthday wish with them and help make it a special day!

Katherine Larson	6/01
Bob Maag	6/01
Jeff Roberts	6/01
Katherine Reuer	6/04
Bill Donkervoet	6/06
Jonathan Schoof	6/08
Duff Radke-Bogen	6/09
Brendan Farley	6/11
Megan Ross	6/12
Darla DeFrance	6/13
Nicole Anderson	6/15
Laura Johnson	6/15
Chuck Glihsman	6/17
Don Firth	6/19
Sydney Anderson	6/28
Verlon Brown	6/30



Faith and Everyday Life

Playing in the Sand

Little plastic buckets and shovels at a sandy ocean beach with kids or grandkids! How we love to put all that energy into creating our sand castles and then watch the tides sweep them away.

It is one thing to watch our little sand castles get swept away, but oh those elaborate sand sculptures! How could the artists let *those* be destroyed?

Or what about the Buddhist practice of creating sand mandalas? Every grain of sand is put in place with great care to form a breath-taking work of art. Then when the piece is complete, prayers are said and the whole thing is intentionally swept away in an instant. What a shame!

But that misses the point. All of these art forms are lessons in impermanence. No matter what we build, the earth will eventually reclaim it. In the end, we are all just playing in the sand.

Knowing this, you could live life with an attitude of "All is vanity" or you can use your "talents" to make the most of God's gift of life. If anything at all lasts, it will be what we have given to others, the way we have loved and cared and nurtured the relationships that we have been given by God to foster.

So perhaps we can afford to live our relationship lives with abandon and trust God to make the fruits as permanent as suits God's purpose. Live life with the sense of freedom and letting go of what you are creating. Your life just might be more peaceful.

Lutheran Counseling Network

April Attendance

April 5th	117
April 9th (Maundy Thursday)	40
April 10th (Good Friday)	47
April 11th (Easter Vigil)	70
April 12th	177
April 19th	67
April 26th	89



For Prayer

Central does have a Prayer Chain. If you are interested in joining it or have a concern you would like to have the Prayer Chain pray for, please contact Pastor Shannon (206-322-7500; pastor@loveiscentral.org).

Shut In:

Betty Haberman
Doris Schlecht
Doris Carlson

Ill and recovering:

Kathy Twohig
Cliff Kempner's niece Jessica
Roger Nyhus' mom Phyllis
Tom Donlea's niece Amy and her son Hudson
Brian Anderson's mom JoAnn
Jim Peterson's partner Billy
Jonna Farley
Emily Griffin
Yada Hartmann
Eunice Stricker's grandson Nate

Expecting:

Greg and Emily Griffin
Jamie and Eric Pedersen



Coffee Hour Schedule

Please find the coffee hour assignments for the next two months below. Please check your schedule ahead of time and if you are unable to take care of coffee hour on your assigned Sunday, please try to switch with someone and let Sandy know who will be taking your place.

June 7th- Melissa Ford Shah and Kjersti Braunstein

June 14th- CHURCH PICNIC

June 21st- Julie Mattson and Brenda Michael

June 28th- John Mostrom and Cathy Woods

July 5th- Bruce & Cori Myka and Lecia & Alexi Phinney

July 12th- Brooke Powers, Stephen Emmons, and Duff & Allison Radke-Bogen

July 19th- Adam & Lynn Rauch, Steven Saito, and Kari Roe

July 26th- Jeff Roberts and Allison Stephens



Community Lunch on Capitol Hill

Thanks to everyone who helped make the Community Lunch fundraiser a big success. Celebrating Community 2009 was a lot of fun, with great live music by the Shed Boys and wonderful wine from Eleven Winery served by the Poco Wine Bar. We had over 100 silent auction items, and nearly every one of them sold! Thanks to everyone who attended and to all the volunteers who made it happen.



The Community Lunch has a new partner! Special Education students from the Seattle Public Schools help set up chairs and roll silverware each Tuesday. They are a great addition to the program.

Keep an eye out for the brand new Community Lunch brochure. It will be out soon and describes the program very well. I'll have plenty of copies if you would like to distribute some to help get the word out about the Lunch.



With summer coming up we definitely will need volunteers, so let me know if you can help out. It's a great summertime activity for kids as well as adults!

Thanks,

Don Jensen
Community Lunch Director

Central Lutheran Church...

Following Christ;

sharing God's love for all people.

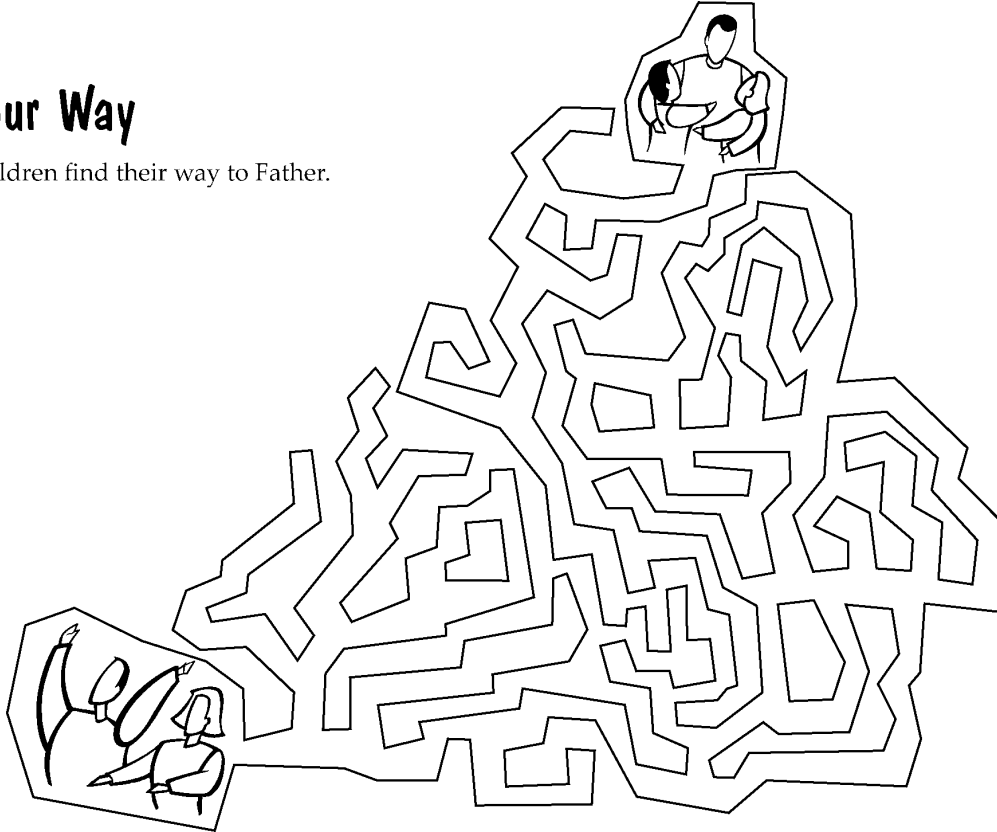
Mission Statement



Central Kids' Page

Find Your Way

Help the children find their way to Father.



Recipe Box

Here's something you can make for your dad, or someone special, on Father's Day. Each box has words from the recipe. Find the boxes with 1s and write the words in the order given on another sheet of paper. Do the same for 2s, 3s, and so forth.

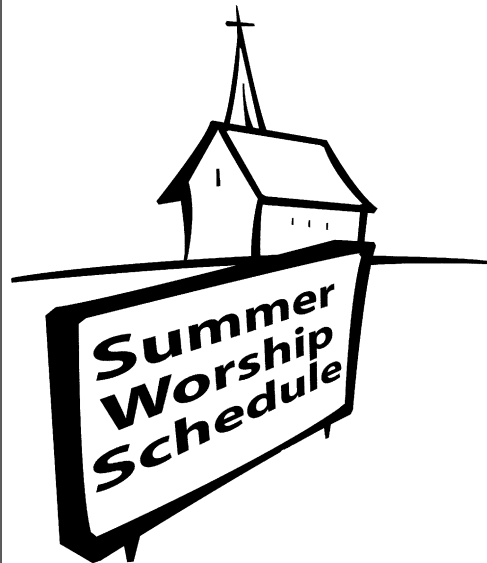
3 When bottom	2 Heat small skillet	1 Beat well	4 Loosen egg mix	3 of mixture
1 2-3 eggs	4 on the	2 on low.	3 is firm	1 in bowl,
4 unjellied	2 Melt 1 Tbsp butter	4 front half.	1 add small amount	2 and pour in eggs.
3 and top is soft	4 Tip pan	3 (not runny),	4 away	4 from you
4 and flip	1 of salt and pepper.	4 front half	3 spoon 2 Tbsp jam	4 over back.
3 evenly over	5 Serve on	3 back half of egg.	5 buttered toast.	

Answer:
1. Beat well 2-3 eggs in bowl, add small amount of salt and pepper. 2. Heat small skillet on low. Melt 1 Tbsp butter and pour in eggs unjellied front half. 3. When bottom of mixture is firm and top is soft (not runny), spoon 2 Tbsp jam evenly over back half of egg. 4. Loosen egg mix on the front half. 5. Serve on buttered toast.

Central Lutheran Church
1710 11th Avenue
Seattle, WA 98122

Non-Profit Organization
U.S. Postage Paid
Seattle, WA
Permit #398

RETURN SERVICE
REQUESTED



Summer Schedule Begins

June 7th

10:00 am Worship

There will be no Sunday School or
Adult Education Hour

Singing School and Choir will
continue until June 7th