

The Tidings

March 2009

*A newsletter of Central Lutheran
Church of the Holy Trinity*

An Invitation to Lent, An Invitation to Sustainable Living

The word Lent comes from an old Anglo Saxon word meaning springtime. While often in the church, we think of Lent as a season of asceticism and denial, really at its heart, Lent is an opportunity for renewal and growth. Yes, the season does have a more contemplative feel than the joy of Easter or the wonder of Christmas. But, at its best, Lent offers us an opportunity for reconnecting with the Spirit and with our own spirits.

Our theme for Lent this year at Central is Sustainable Living. Caring for creation in a way that is sustainable is part of our Christian calling. As we honor creation and the environment, we connect more deeply to our Creator. During the season of Lent this year, you will find a number of invitations to connect to creation and to God.

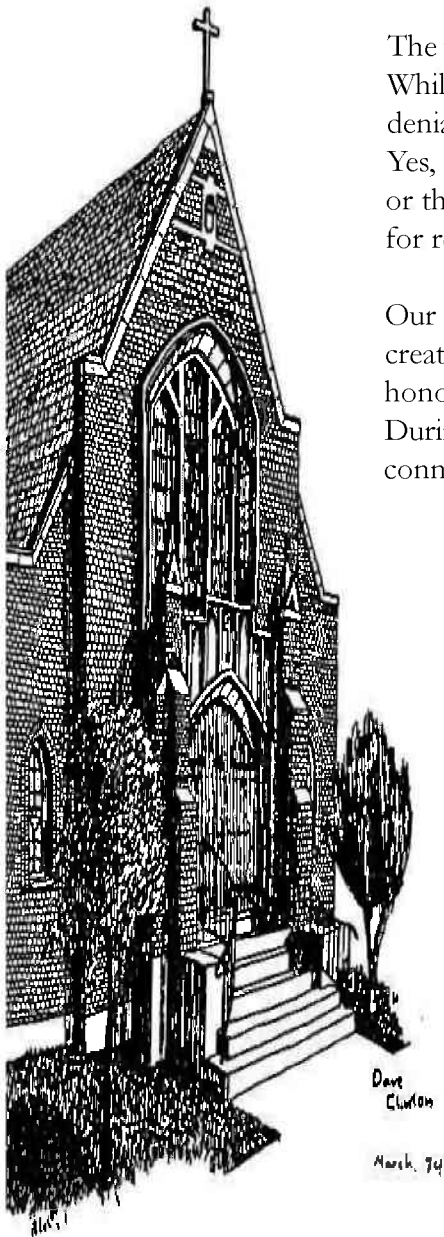
An Invitation to Worship – Every Sunday is a little Easter. Join us to celebrate the beauty and wonder of creation and the goodness of God who creates, sustains and redeems us. Our worship service during the season of Lent will help connect us more fully to God, to the earth and to one another.

An Invitation to Feasting and Fasting – Fasting is a traditional Lenten discipline. This year, why not fast from something that is destructive to creation? Our Lenten devotional book has many suggestions for ways that you might fast from activities that are harmful to the environment as well as ways that you might instead feast on the abundance of God's world. In addition to suggestions for feasting and fasting, the booklet has articles for reflection, readings suggestions, devotional activities and a place for you and your family to commit to a Lenten discipline that will be meaningful in your context. These books are available at church and electronically.

An Invitation to Prayer – Each Wednesday during the season of Lent, all families are encouraged to take a few minutes to pray for

this community and all of creation. To help you do this, you will receive a brief e-mail with a short devotion and an invitation to prayer. As we pray together, we trust that God's world is heartened and our own hearts are transformed.

An Invitation to Reflect – Adult forums during Lent will focus around the theme of sustainable living. Come and hear thoughtful presentations from people who devote their lives and their time to the practices of sustainable living. Topics will include transportation choices, climate change, simple living, vocation, and food choices. See pages 8-9 in the newsletter for a more detailed description of the upcoming forums.



Central Lutheran Church
of the Holy Trinity
1710 Eleventh Avenue
Seattle, Washington 98122
phone: 206-322-7500
fax: 206-322-0195

Spring Schedule

Singing School: 8:30 am

Choir: 9:00 am

Sunday School: 9:45 am

Adult Forum: 10:00 am

Worship: 11:00 am

Pastors:

Shannon Anderson

email: pastor@loveiscentral.org

By appointment on Monday through
Wednesday 10:00 am to 6:00 pm

Verlon Brown

office hours by appointment, please call
the office, 206-322-7500

Office Manager:

Sandy Kraegel

email: office@loveiscentral.org

Office hours: 9:30-4:30 Tuesday-Friday

Music Director:

Jim Peterson

email: music@loveiscentral.org

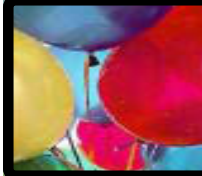
Custodian:

Duane Miles

Nursery Attendant:

Nicole Bateman

We are an open and affirming congregation, which in Lutheran churches is called Reconciling in Christ. We seek to share God's love with all people regardless of race, age, gender or sexual orientation. All are welcome.



Thank you!

ACOLYTES: Nate Copley, Nicole Anderson, Erika Kiem, Claire Kaiser, Rachel Rauch, and Mebrat Debassai

ALTAR GUILD: Jo Hart, Jennifer Evans, and Lecia Phinney

ASSISTING MINISTERS: Natalie Tews, Cliff Kempner, Tom Donlea, Jeff Roberts, John Mostrom, and Cathy Woods

COFFEE: Jennifer Evans, Andrew Rapp, Nancy Fall, Meredith Fane, Jonna Farley, Jo Hart, Jen Hartley Fernandez, Alex Fernandez, Barbara Palecek, Craig Fryhle, Summer Waldron, and Joscelyne Gray

COMMUNION BREAD: Anne Bush

TELLERS: Paul Huffman, Allen Jones, Carla Teigen, Kevin Urdahl, Chris Kealy, Allison Stephens, and Pam Gregory

USHERS: Jackie Brolsma, Brooke Powers, Steven Chapman, and Nate Copley

Receive the lessons via e-mail: Many people find it helpful to read the Sunday lessons ahead of time. If you would like to receive a weekly e-mail with the upcoming Sunday's lessons, please let Sandy know at office@loveiscentral.org.

ELCA Releases Proposed Statement on Human Sexuality and Accompanying Rostering Recommendations

Last fall, Central spent time studying and commenting on the draft of a new proposed social statement on human sexuality. Central was one of many congregations studying and commenting on the proposed statement. On February 19th, the ELCA released a revised draft of the statement that will be sent to the Churchwide Assembly this summer to be voted on. In addition, it released a series of recommendations that could allow openly gay and lesbian pastors in committed relationships to serve in the ELCA. To see copies of the social statement and recommendations, you can go to the ELCA web site, www.elca.org.

In commenting on the new statement, Lutherans Concerned/North America director Emily Eastwood said “This Social Statement is a vast improvement over its previous draft. We are also gratified that the Social Statement continues to acknowledge, ‘with regret,’ that the church’s teachings have on occasion been used to harm people, deepening their suffering and tearing families apart.” However, Eastwood was critical of the fact that the statement does not offer a public means of recognition of same-gender relationships.

To read the full response from Lutherans Concerned and Emily Eastwood, visit www.goodsoil.org.

If you would like access to this material, but don’t have access to the internet, please talk to Pastor Shannon or contact the church office.

Please join us for the Men’s Group in March. We will meet next on **March 17th at El Camino** at 7:00 pm (yes we know its St. Patrick’s Day and that we are going to a Mexican restaurant, ask Wayne about this tradition).

El Camino is in the Fremont Neighborhood
607 N 35th St.
Seattle, WA 98103
(206) 632-7303
www.elcaminorestaurant.com

Last month we met at Elysian on Mardi Gras (2/24). We doubled our numbers from our January meeting and had a great time. Bill Donkervoet brought us a “King Cake” and as far as I know, no one got the baby Jesus (ask Bill, I still don’t get it). Even the waitresses got into the fun and shared in the cake. We had Marinko Kordich and Andy Rapp share for a minute or two about what they do in their working lives and after that the conversation just kept flowing (along with the suds). Join us for our next meeting. All Central men are welcome.

Wayne Johnson, Joon-Ho Yu, and Mitch Watney

Pastor's February Report to Council (for January activities)

Every month, Pastor Shannon submits a written report of activities to the council. Below is a version of this report. Please ask her if you have any questions about her activities or any of the community groups she meets with. If you would like a pastoral visit or know someone who might, please let her know. Pastor Shannon works Saturday-Wednesday.

Pastoral Care – 16 contacts

Church Meetings/Events

- Council (2 x)
- Budget planning meeting with Cheri and Jamie
- Long Range Planning
- KidsAreCentral
- Staff Meetings
- Web planning meeting
- Mutual Ministry/Stew Fi joint meeting
- Nominating Committee
- Worship Committee
- Annual Meeting

Community Meetings/Events/Representation

- Community Lunch Board

Teaching and Study

- Participated in Text Study Group 1/8, 1/15, 1/22
- Confirmation 1/10, 1/24
- Acolyte Training 1/4, 1/18
- New bible study group began February 2nd – studying Isaiah. Currently have 8 participants

Worship

- Preached 1/4, 1/11, 1/25

Coming Up

- Leading Youth Retreat to Camp Zanika March 20-22

Gary Greaves

May 3, 1951- February 12, 2009

Gary Greaves was often seen in our Parish Hall helping at the feeding program for over 12 years, greeting people and calming them when a disturbance arose. He had a special way about him that was open and warm to those who came to partake of the meal and that said that we were family here together.

He used his special gifts and connections in the Seattle literary scene to create a prison book club that brought authors out to Monroe to discuss their writings one Sunday a month. These writers also encouraged the inmates themselves, to write and even publish.

Gary's wife, Frances McCue, directed the programs at Hugo House, across the street from Central. Gary touched the lives of many people. Gary was a man who put no stock in wealth or position in society, but honored the lives and labor of all. He was a great father to his daughter, Maddy, and glowed with the delight of her.

The church was "standing room only" for his funeral on Friday February 20th, to say "farewell" to Gary. He died suddenly and unexpectedly, on the basketball court in Morocco. Their family was living there this year while Frances engaged in a writing sabbatical.

We give thanks to God for Gary's life among us on Capitol Hill. We pray God's comfort and strength for his wife, Frances and thirteen year old daughter, Madeleine, and all his family and many friends.

Jon Nelson



Update from Long-Range Planning

At its meeting this week the Long-Range Planning Committee reviewed where we have been and where we will be going in Central's mission, *"Following Christ; sharing God's love for all people."*

The process we are working through has six phases. We have completed the first three:

- 1) **Building Spiritual Momentum.** We revisited our mission statement and had good discussion as a congregation about how we are living that out and where we could improve.
- 2) **Assessment.** 30 Central members took a survey measuring the health of our congregation.
- 3) **Analyze Results.** The committee worked with our coach Red Burchfield to analyze the results of the survey and then led feedback sessions at adult forums and with committees and council. Over the months of December and January we led 8 feedback sessions with different groups.

The next steps in the process are:

- 4) Develop Action Plan.
- 5) Implement and Monitor and
- 6) Evaluate and Repeat the process.

As we conclude Phase 3 and move into Phase 4, we are working to prepare a short written summary of the results of the survey and of the feedback we have received. The LRP Committee is also working on the initial steps in the Action Plan and hopes to have something for the congregation in April or May. We hope to start implementing our work at Pentecost. We will retake the survey in January of 2010 to see how we are doing.

The forums and discussions in the last several months have shown Central's members to be very self aware. Though we have looked at both our strengths and weaknesses, we are doing well. We are a healthy congregation and as such continually strive to improve in following Jesus' example.

SAVE THE DATE—May 9th!

The Community Lunch on Capitol Hill Spring Fundraiser is set for Saturday, May 9th from 2-5 pm at the Richard Hugo House. It will feature a silent auction (with excellent things to bid on!), great food, a wine tasting and music by the Shed Boys.

If you have something you can contribute to the silent auction, please call Don Jensen at 206-484-7247.

Holy Week and Easter at Central

Easter is April 12th this year. Mark your calendars now for Holy Week services beginning on Palm Sunday, April 5th.

Sunday April 5th Palm Sunday with Procession. Join us in the parish hall at 10:30 to learn a song that we will sing as we process into the sanctuary. This year we will again be using sustainably harvested 'eco-palms' purchased through Lutheran World Relief.

Thursday April 9th Maundy Thursday Service at 7 pm

Friday April 10th Good Friday Service at 7 pm

Saturday April 11th Easter Vigil at 5:30 pm

Sunday April 12th Easter Service at 11 am with potluckbreakfast at 10 am.



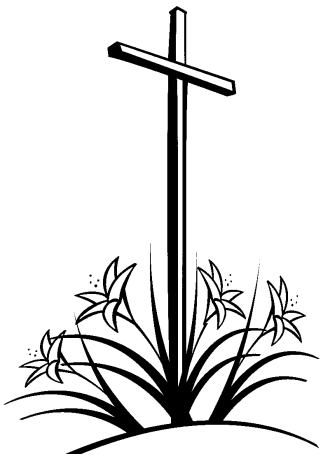
Watch for more information in the April Tidings.

Central's Easter Vigil Needs You!

Last year, about 60 of us gathered around a bonfire outside the sanctuary on the eve of Easter. After lighting candles, we sung a hymn and processed into the parish hall (miraculously transformed into a place of wonder by the creative talents of Meredith Fane). There we listened to ancient stories of faith.

These were acted out by our Sunday School children and others as well as sung by talented soloists. Following that, we headed to the sanctuary and celebrated the first Easter Eucharist. Our evening concluded with a festive chocolate and pastry pot luck.

The experience was so much fun that we're doing it again this year and want to invite others to share their creative talents. A central part of the service is the retelling of stories from scripture. Last year the Sunday School kids were very creative in the stories they shared, but we know that there are other creative folks in the congregation. If you'd like to share your gifts by presenting a scripture reading at the Easter Vigil, let Meredith Fane or Pastor Shannon know.





Adult Forum Schedule

Adult Faith Formation offers a variety of forums on worship, prayer and other topics of interest during the year. We hope you will join us on Sunday mornings for coffee and rich discussion. We meet at 10 am in the Fellowship Hall.

An Invitation to Reflect: Adult Forums in Lent

This year, there are a variety of ways to explore our Lenten theme, Sustainable Living. One of those ways is by participating in the Sunday morning Adult Forums. These forums are a chance to engage your mind around issues related to sustainable living. They are also opportunities to engage your community in conversation about things that are important to us. Some forums will include outside speakers who will help us to think clearly about issues and others will be opportunities for us to discuss amongst ourselves how we are living our Lenten journey this year. We hope that you will take the opportunity to join us.

March 1st **Food Choices** – In her book, *Animal, Vegetable, Miracle*, Barbara Kingsolver chronicles her family's year of eating locally. They move to a farm in Virginia and decide to eat only what is produced or grown within a 50 miles radius. Here in Seattle, without the benefit of a farm and in the dead of winter, our very own **Cathy Woods and John Mostrom** have made that same local eating commitment for the season of Lent. Join them for a rich discussion around food choices. If you are new to the idea of eating locally, come and learn why this is important for the environment. If this is something that you've wanted to explore, come to hear tips and maybe share some things that you've learned in your search for sustainable eating habits.

March 8th **Climate Change** – Many people agree that global warming is our generations biggest challenge and how we face it will leave a lasting legacy for years to come. Gregg Small, husband of Pam Johnson, is the executive director of Climate Solutions, a regional non-profit working to generate political momentum and find practical solutions for global warming. He'll be joining us on the 8th to talk to us about their work and about how we can be involved. This is a great forum to attend if you want to think about how to take Sustainable Living beyond Lent.

March 15th **Vocation and Sustainability** – Do you work to pay the bills or do you work to fulfill your sense of calling? Does your work drain you or give you a sense of meaning (or is it a mix)? How is the current economic crisis affecting how you think about your own work? Join Pastor Shannon for a discussion around life and work and sustainability.

...continued on the following page



Adult Forum Schedule

March 22nd **Voluntary Simplicity** – In this difficult economy, many of us are finding that we need to scale back our consumption. Join us on the 22nd for a panel discussion with a group of folks who have scaled back by choice. Our panel will consist of volunteers from the Lutheran Volunteer Corp. These young men and women have chosen to live for a year in community and on very limited income. They will share the ups and downs of their experience with us and we'll be able to ask them questions as we think of ways that we can simplify our own lives.

March 29th **Transportation Choices** – Sometimes the journey itself is more important than the destination. This is definitely true if we are journeying toward making better transportation choices either as individuals or as a community. Please join Shefali Ranganathan who is the director of Education and Outreach at Transportation Choices. We'll discuss the way we get places and why that matters.

April 5th **Our Lenten Journey** – We will gather together as a community on Palm Sunday to share our Lenten experiences. Did you and your family commit to a Lenten discipline this year? How did it go? Come here about other's experiences and share your own. This forum will go from 10 to 10:30 and at 10:30 we will gather with the Sunday School and our music director Jim Peterson to learn a processional song for the opening of our Palm Sunday worship service.



Community Lunch on Capitol Hill

Community Lunch on Capitol Hill has a new employee! **Welcome Howard Simpson to the lunch**—you will find him at the drinks table every Tuesday and Friday. He makes a great cup of coffee, but his major responsibility is driving our new van, picking up food donations from Food Lifeline, Safeway and elsewhere. He is a great addition to the team.

And about the new van; you may have seen it behind the church—thank you to Pastor Shannon for giving up her parking space for it! It's a 1995 Chevy Cargo Van with less than 20,000 miles that we bought from the University of Washington for \$1800.

We received good news from the **United Way** in February—we were awarded **\$10,000** to help pay for food pickup and deliveries. In this tough economic time we are working hard to collaborate with other organizations to make sure meal programs share needed resources. The historic average for the Community Lunch is 180 people at each meal. We now regularly serve more than 300 but by increasing our capacity and sharing with other organizations we have been able to manage.



From the Co-Presidents

Dear Congregation Members:

Council is off to a great start this year and we, your co-presidents, are excited to lead this group of passionate servants. Each congregation president brings new talents, organizational skills, and vision to the church and council. We'd like to share with you a bit about our collective talents, how we expect to share the duties of council president and tell you about some other people who have stepped forward in leadership positions.

Officially, Cheri is the congregation president (i.e., she gets to sign legal documents) and Jackie is the co-president, but we expect to divide our efforts based on our respective talents, interests and the needs of the congregation. Cheri will generally lead council and congregation meetings (because Cheri is obsessed with ending meetings on time) and sit on the Personnel Committee. Jackie will share some of the meeting leading work and will chair the Nominations (i.e., leadership development) Committee (a great use of Jackie's incredible relationship building skills). Both of us meet with Pastor Shannon one week before our council meeting to plan the meeting and check in on priorities. All three of us agree that having three people involved with this planning in an ad hoc Executive Committee setting has created a new energy that we enjoy and which seems to be serving the church well. As congregation members, you should feel free to approach either Cheri or Jackie with any concerns, ideas or compliments.

Our February council meeting was lively and fulfilling. First and most importantly, we elected officers, who are (in addition to the two yours truly here) Jamie Pedersen—treasurer; Allen Jones—financial secretary; and, Lois Austin—secretary. We are incredibly thankful for the time and talents that these people have pledged. Council also had an animated discussion about the roles and responsibilities of council members. We also talked about specific things we can do to ensure that our work for Central brings us joy and into relationship with God. We brainstormed many great ideas, the most important of which was, "More Chocolate." (Thank you, Tom, for sharing your emergency pack with us.)

We all agreed that we maximize joy when we work efficiently and get good results. To this end, Pastor Shannon reported on her recent trip to the Alban Institute in Scottsdale, Arizona for a workshop on "Rethinking Board Leadership." Council reacted very favorably to several ideas that Pastor Shannon shared for improving council functioning. In fact, we've already implemented a couple. If you want to know more, talk to one of us or any other council member.

Yours in Christ,

Cheri Cornell & Jackie Brolsma



This 'n' That

Parenting Group at Central

March 8th at 9:45 am in the Adult Meeting Room upstairs

Join Stephanie Cross and other parents the **second Sunday of the month** to share the joys and struggles of parenting, get group feedback, gain an understanding of why children misbehave, and learn skills for building a parent-child relationship based on equality, mutual respect and cooperation. Emphasis on principles of belonging and contribution, encouragement, communication, problem solving, family meetings, and positive discipline approaches.

Monday Night Bible Study meets March 2nd and March 16th

Would you like an opportunity to gather regularly with fellow Centralites? Would it be nice to have an opportunity for regular in-depth bible study? The Central bible study that started last spring has re-formed. We will be meeting at 6:30pm on the 1st and 3rd Monday nights of each month. Join us for tea, conversation, study and prayer. Please speak to Pastor Shannon for more information.

Don't forget to change your clocks
before you go to sleep on Saturday March 7th.
Daylight Savings time begins March 8th!



Below, you'll find the names of Centralites celebrating their birthday this month. Share a birthday wish with them and help make it a special day!

Daniel Couch	3/01
Octavio Fernandez	3/04
Mitch Watney	3/04
Rachel Rauch	3/11
Brian Anderson	3/13
Peter Moore	3/13
Dana Lough	3/14
Don Billen	3/16
Leona Wood	3/18
Steven Samario	3/19
Steve Gibson	3/22
Roger Nyhus	3/22
Leo Donlea	3/23
Mike Lough	3/24
Brian Steves	3/25
Miranda Anderson	3/30
Imogen Hansen Steele	3/30



Child's Play

Remember when it came so naturally? You just played. You didn't think about it.

Someone once said, "Play is a child's work." This is the way children create and master their world. They manipulate objects, try out new scenarios, experience power, practice social relationships and much more. Sometimes this doesn't happen. We know that children who are unable to play are often unable to form intimate relationships later in life.

Our large brains are a useful development, but they do have their drawbacks. For one thing, they think too much! Brains analyze, premeditate and reason things out, they plan and sometimes they worry. These aren't bad things unless they are out of balance with other essential ways of being like creative imagination, spontaneity and yes, even play.

All work and no play makes Jack, not only a dull boy, it also endangers his health. Shut down our emotions and our ability to let ourselves just play and we run the risk of ruining our health and shortening our lives.

God created us with inborn tools to allow us to grow up into happy, healthy adults. Some times for reasons, often beyond our control or even outside of our awareness, we lose track of these tools.

So look around this month and see where you might have misplaced your "play" tool. Find it, pick it up, try it out. If it is rusty, lubricate it with smiles, repeated use and loosen it up. Laugh out loud at something. You will know you are being successful when someone says, "What is wrong with you, you aren't acting like yourself!"

Play is such good work!

*January
Attendance*

January 4th	130
January 11th	98
January 18th	105
January 25th	69



For Prayer

Central does have a Prayer Chain. If you are interested in joining it or have a concern you would like to have the Prayer Chain pray for, please contact Pastor Shannon (206-322-7500; pastor@loveiscentral.org).

Shut In:

Betty Haberman
Doris Schlecht
Doris Carlson

Ill and recovering:

Gary Russell's brother Dennis
Jane Russell's brother Gerald
Kathy Twohig
Cliff Kempner's niece Jessica
Karen Hoven's mom Maryan
Roger Nyhus' mom Phyllis
Tom Donlea's niece Amy and her son Hudson
Natalie Tews' cousin Amanda
Brian Anderson's mom JoAnn
Jim Peterson's partner Billy
Jonna Farley
Betty Bekemeier's mother Lois



*Coffee Hour
Schedule*

Please find the coffee hour assignments for the next two months below. Please check your schedule ahead of time and if you are unable to take care of coffee hour on your assigned Sunday, please try to switch with someone and let Sandy know who will be taking your place.

- March 1st-** Steve Gibson and Jo Hart
- March 8th-** Katie Gilliam and Laura Johnson
- March 15th-** Carl Kaiser and Theresa Wagner
- March 22nd-** Christa Dumpys, Rebecca Engrav, and Joon-Ho Yu
- March 29th-** Sheryl, Hillary & Hannah Krajnik and Jonathan Larson
- April 5th-** Chuck Glihsman, Karen Hoven, and Bob Johnson
- April 12th-** Easter Sunday potluck
- April 19th-** Lois Austin and Brian Gallatin
- April 26th-** Paul Huffman and Jerry Hekkel

Expecting:

Melissa and Javeed Shah
Greg and Emily Griffin
Jamie and Eric Pedersen

Mid East Focus Initiative
Saint Mark's Episcopal Cathedral

Bishop Boerger at March 14 Fundraiser:

**Now More Than Ever, Gaza's Christian
Hospital Needs Our Help**

Bishop William C. Boerger will report on his 11-day trip to the West Bank during the recent Gaza conflict, at a community fund-raiser for the Ahli Hospital in Gaza, to be held at 7 pm Saturday, March 14, at St. Mark's Cathedral in Seattle.

Boerger, leader of the Northwest Washington Synod of the Evangelical Lutheran Church in America, traveled as part of a 40-bishop fact-finding tour.

Also speaking will be Ramzy Baroud, editor-in-chief of the website, The Palestine Chronicle, who has taught journalism and is the author of the forthcoming "Gaza: The Untold Story," in which he relates his family's story as a representation of the millions of Palestinians in Diaspora.

Tom Nelson, an attorney who co-founded Americans United for Palestinian Human Rights, will report on his recent investigation of possible war crimes in Gaza, with a concern for upholding international law.

The Rev. David Mesenbring, pastor of Church in the World Ministries at St. Mark's, will be moderator.

Ahli Hospital in Gaza City was overwhelmed in the recent Gaza conflict. Sponsored by the Episcopal Diocese of Jerusalem, it has for over a century provided medical care to all persons in its community.

Co-sponsors for the fund-raiser include the Palestine Concerns Task Force, Church Council of Greater Seattle; American Jews for a Just Peace – Seattle; the Palestinian Solidarity Committee; Sabeel – Puget Sound; the Save Gaza Coalition, and the Middle East Fellowship.

For more information please e-mail: mideast.focus@yahoo.com.

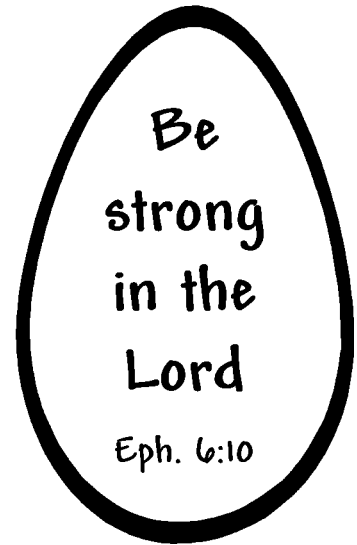
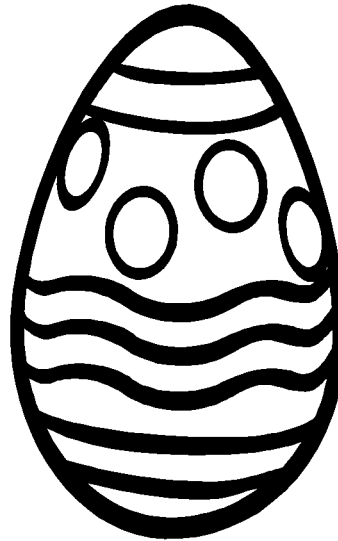


Central Kids' Page

Easter Eggs

Cut out Easter eggs from colored paper and write a Bible verse on each one. Decorate them with flowers or other designs and give one to family members. Some verses you might use:

- | | |
|----------------|----------------|
| Matthew 5:9 | Proverbs 15:1 |
| Matthew 5:8 | Proverbs 15:13 |
| Ephesians 6:10 | Psalms 104:31 |
| John 3:16 | Psalms 100:1 |
| Proverbs 15:20 | Psalms 100:5 |
| Ephesians 3:17 | Psalms 92:1 |
| Matthew 6:33 | |



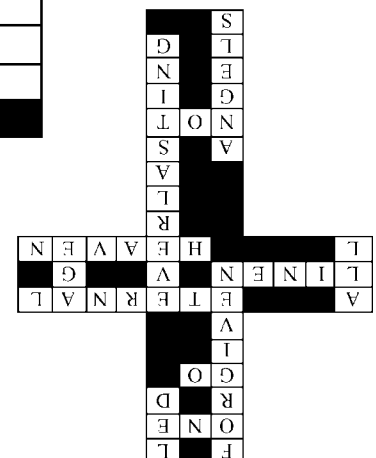
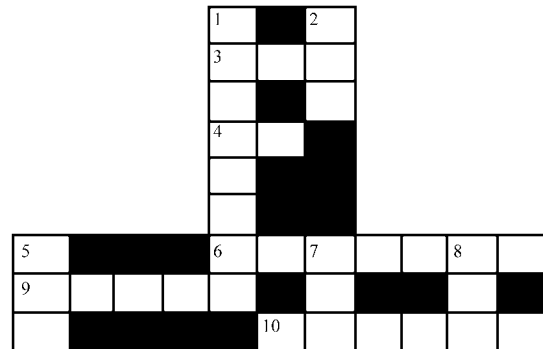
CROSS-word Puzzle

Across

3. The _____ who believes and is baptized will be saved. Mark 16:16
4. _____ into all the world and proclaim the good news. Mark 16:15
6. ... whoever believes in him shall have _____ life. John 3:15
9. ... wrapped the body of Jesus in a _____ cloth. Luke 23:53
10. ... he withdrew from them and was carried up into _____. Luke 24:51
12. Do _____ be afraid. Matthew 28:5

Down

1. Forgive and you will be _____. Luke 6:37
2. Then he _____ them out ... and he blessed them. Luke 24:50
5. repentance and forgiveness of sins is to be proclaimed in his name to _____ nations. Luke 24:47
7. and lead me in the way _____. Psalm 139:24
8. I am with you always, to the end of the _____. Matthew 28:20
11. ... vision of _____ who said that he was alive. Luke 24:23



Central Lutheran Church...

Following Christ;

sharing God's love for all people.

Mission Statement

Central Lutheran Church
1710 11th Avenue
Seattle, WA 98122

Non-Profit Organization
U.S. Postage Paid
Seattle, WA
Permit #398

RETURN SERVICE
REQUESTED