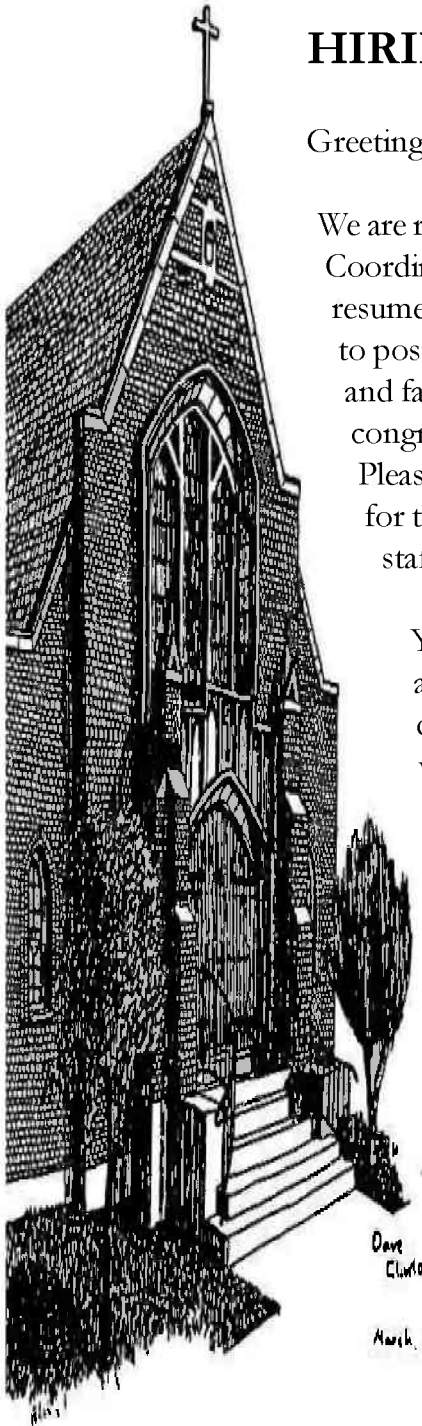


The Tidings

November 2011

A newsletter of Central Lutheran
Church of the Holy Trinity



HIRING TASK FORCE NEWS

Greetings Central Friends,

We are ready to start generating candidates for Central's new staff position, Coordinator of Intergenerational Ministries. We are currently accepting resumes and hope to begin interviewing before the New Year. In addition to posting our job on appropriate websites and networking with local youth and family ministers and Pastor Cindy's colleagues, we would like the congregation's help in getting the word out about our exciting opportunity. Please encourage anyone you know who might be interested and qualified for the position to review the following description and apply to staffing@loveiscentral.org.

You should have also received an email with the following description attached so that you are able to easily forward the description. The detailed description approved by the congregation is posted on www.loveiscentral.org so that any of your referrals can get more specific information about both the position's priorities and Central. Thank you for your help.

Blessings,

Task Force for New Staff Position

Lynn Rauch, Rebecca E., Claire Kaiser, Suzy Oversvee, and Cathy Woods

New Opportunity! Coordinator of Intergenerational Ministries

Central Lutheran Church, a vibrant, diverse and progressive congregation located in Seattle's Capitol Hill neighborhood, has an immediate opening for a Coordinator of Intergenerational Ministries.

Central is excited to offer this new, full-time and fulfilling job opportunity. As Coordinator of Intergenerational Ministries you will divide your time between three major areas. *Faith formation* will include planning and administering all aspects of a progressive Christian education for youth, children

continued on page 8....

**Central Lutheran Church
of the Holy Trinity**
1710 Eleventh Avenue
Seattle, Washington 98122
phone: 206-322-7500
fax: 206-322-0195

Fall Schedule

Singing School: 8:30 am

Choir: 9:00 am

Sunday School: 9:45 am

Adult Forum: 9:45 am

Worship: 11:00 am

Pastors:

Cindy Salo

email: pastor@loveiscentral.org

By appointment on Tues. through Thurs.

Home phone in emergency: 425-486-6505

Verlon Brown

office hours by appointment, please call
the office, 206-322-7500

Office Manager:

Sandy Kraegel

email: office@loveiscentral.org

Office hours: 9:30-4:30 Tuesday-Friday

Music Director:

Jim Peterson

email: music@loveiscentral.org

Custodian:

Duane Miles

Nursery:

Nursery hours: Sunday 9:45 am- 12:45 pm

For children ages five and under

**We are an open and affirming
congregation, which in Lutheran
churches is called Reconciling in
Christ. We seek to share God's love
with all people regardless of race,
age, gender or sexual orientation.
All are welcome.**



ACOLYTE: Leo Donlea

ALTAR GUILD: Jennifer Evans, Lecia Phinney, and
Lynn Rauch

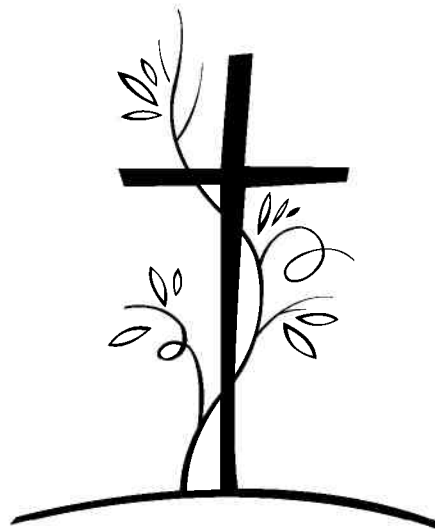
ASSISTING MINISTERS: Steven Chapman, Jeff
Roberts, Theresa Wagner, Cathy Woods, and Lynn
Rauch

COFFEE: Anna Copley, Kari Oversvee-Choi, Tom
Donlea, Julia Maywald, Jackie Brotsma, Stewardship &
Finance Committee, and Jeff Cook

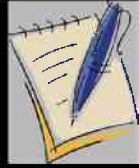
COMMUNION BREAD: Anne Bush

TELLERS: Jeff Roberts, Kevin Urdahl, Chris Kealy, Jeff
Cook, Lois Austin, Sally Brunzman, Adam Rauch, Jamie
Pedersen, and Cathy Woods

USHERS: Rachel Rauch and Brenda Michael



Receive the readings via e-mail: Many people find it
helpful to read the Sunday readings ahead of time. If
you would like to receive a weekly e-mail with the
upcoming Sunday's readings, please let Sandy know at
office@loveiscentral.org.



Note from Pastor Cindy Salo

OPPORTUNITIES

November is here, along with the rain, but also with the lovely autumn colors and leaves. Do you know what I get the **opportunity** to do every morning I come into work? I get to drive through the arboretum. One especially grumpy morning (well, to be clear it was ME that was grumpy and not the morning), when my commute took an hour and I was following someone very SLOW through the arboretum, I stopped to re-frame my thoughts and my attitude. “Look at the **opportunity** I have this morning. The person in front of me is going slow enough for me to enjoy these leaves and these colors! Breathe, Cindy. Relax. You are rushing to church to commune with God, but you can do it on the way, too!” I don’t know about you, but sometimes I need to talk to myself like that.

In the very fun class Steven Chapman is leading for **Adult Faith Formation**, on “What Color is Your Spirituality?” I discovered my leading spirituality trait was Sensory – seeing God in creation and the arts. Well, who’d a thunk it! Pastor Cindy, one of those “one with nature” folks. It reminded me that I will need to take more hikes, jump in the leaves, talk to God on a walk outdoors if I am to appreciate and enrich my own closeness to God. You may do something completely different, and God will come forth for you in a different way. There are still plenty of **opportunities** for you to attend the Adult Faith Formation and find out the color of your spirituality!

Some other reminders of what November **opportunities** there are for you here at Central:

All Saints’ Sunday – This will be my first All Saints’ Sunday to worship with you. This is a very important day in the life of the church. I don’t know what your past worship practices have been (although Music Director Jim tells me we always sing “Behold A Host...”), but this is the day we have the **opportunity** to celebrate the lives of the saints, past, present, and future of the Church. We will remember in our prayers that day all those in our congregation who have died the past year. In addition, **I would like to invite you to bring mementos or photos of the saints in your life who have now moved from this life to the next. We will set up a table in the sanctuary for you to place those photos.**

Worship Assistant Training after Worship, November 13th - There is more information from the worship and music committee about this in this newsletter on page 5. This is a wonderful time for all of you who are interested to get on board to train to be an usher, acolyte, or assisting minister! We hope you will come, even if you are experienced, so that you can add to the conversation and we can all get on the same page! Lunch is offered on an RSVP basis – we will have a fun time together!

continued on the following page...



Note from Pastor Cindy Salo

...continued from the previous page

November 20th – Please join us on this “Reign of Christ” Sunday with Pastor Verlon preaching and presiding. I traditionally take this week off to prepare my heart for the Advent season. This year, I will take my own advice (at the beginning of this article) and head to the mountains of Albuquerque for some time to commune with God in nature.

November 27th - First Sunday in Advent: Advent is my favorite season of the church year, because it so truly reflects our life experience. It is the dark journey we take until the light comes into our world. It is watching and waiting while the rest of the world parties (see, there is my counter-cultural self coming through). We will be adjusting the Haugen Vespers worship liturgy for our morning worship. I hope you will join us this Advent season as we wait, watch, wonder, and prepare for Christ’s coming once again.

See you in church!
Peace and Blessings,
Pastor Cindy

*A Note
of Thanks*

We are so grateful to you, our dear Central Lutheran Family, for twenty years of love, friendship, and spiritual support.

The special blessing bestowed on us during our last worship service in Seattle was a wonderful gift and will always be a precious memory.

Thank you also for such a lovely good bye reception.

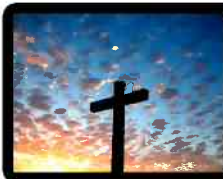
We’ve crossed the country into the warm embrace of family. They ushered me into my 80s with flowers, balloons and great food and celebrated Denise beginning work as a greeter at Walmart with equal gusto.

The hand of God, all your blessings and prayers have carried us through the challenges so far.

WE MISS YOU !!!!!

Thank you again and God bless each and every one of you and your inclusive mission at Central Lutheran.

Love
Jo & Denise Hart



Worship Committee News

WORSHIP ASSISTANT TRAINING

ATTENTION: Acolytes, Ushers, and Assisting Ministers

The Worship Committee is hosting a refresher training to review and update these three positions. This refresher may include a few new guidelines and tricks, so be sure to join us! Training is Sunday, November 13th in the Sanctuary with lunch in the Parish Hall.

The schedule will include Pastor Cindy leading training along with the following team leaders:

Acolytes 12:30pm - 1:00pm (Jim Peterson)

Ushers 1:00pm - 1:30pm (Lois Austin)

Assisting Ministers 1:30pm - 2:00pm (John Mostrom)

Please RSVP as we will be arranging for a light lunch as well. A donation of \$5 per person would be appreciated.

RSVP to Pam on or before Thursday, November 10.

If you are currently not serving as an acolyte, usher, or assisting minister and you are curious about learning more, you are welcome to participate in our training and then decide. Just by attending, it's a great opportunity to learn more about our how our church service works and you need not be an installed member to participate. We look forward to having you join us!



News from Church Council

The council gathered in October over a meal and discussion as we do each month. To center ourselves and prayerfully transition into the meeting, we take turns leading a devotion. For October, we shared something we appreciated about the person sitting to our left and worked our way around the circle...it is really great! You should try it for your next meeting. We were reminded what an amazing group of individuals are on the council and why we need to be supportive to each other and the entire congregation.

The meeting started with updating everyone on the activities of the church including Treasurer's report, Pastor's report and Council Co-president's report. The Co-Presidents report was largely focused on leadership development for the new year. There are several leadership vacancies opening in January and we are actively discussing with Centralites about how they will be contributing to our community next year. If you have been thinking of joining a committee or LEADING a committee and you haven't yet been approached feel free to talk with one of us!

During the meeting we talked about some security concerns that have been coming up lately and how to best handle and avoid them in the future. As we have more people using the buildings and grounds we have to continue to look at the balance of safety and care of the facility while being welcoming and sharing of the gifts we have.

After this challenging (and important) discussion we moved into a joyful discussion of what our plan is for 80% of the Haberman gift. According to our Gifts and Bequests Policy, we have put 10% of the gift to Property Enhancement and tithed 10%. That remainder is to be used to "strengthen the life and mission of congregation." Council will gather a task force by the end of this year that will need to submit a plan to council by May, 2012. The plan should be implemented beginning September, 2012. We will be looking forward to new program ideas and ways to advance our work in the community.

Moving on from big new ideas to what comes every year: Christmas. Central tradition is to have a service on Christmas Eve but not Christmas morning. Since Christmas is on a Sunday this year this required some extra discussion on the part of council. Pastor Verlon usually attends the Christmas lunch hosted by Community Lunch on Capitol Hill. So council decided that on Christmas Day 2011 we will have a carol service before the lunch and then invite those attending the service to volunteer at the lunch.

continued on the following page...



News from Church Council

Lastly, council discussed the possibility of moving all committee meetings to one common meeting time each month: after church on the first Sunday of each month. There are several reasons why this was proposed:

- We have had difficulty recruiting many Centralites to join committees, because it is common for many of us who do not live near the church that week nights are very difficult times to meet.
- Meeting at the same time allows cross-pollination of ideas and questions among the various committees and will increase the amount of communication between them.
- Most of our committees do not currently have consistent meeting times and rescheduling is quite difficult with all of the busy professionals and parents we have serving on our committees.

The committee day will look something like this: After church ends, everyone is welcome to socialize for a short period of time at coffee hour and then all committees gather at the tables in the parish hall. To begin the committee meetings, each chair will announce the key agenda items they will be discussing. If committees have questions of each other that need to be answered before their work is able to move forward, it can be asked right away. Childcare will be provided and this structure will eliminate the need for those of us who live 10+ miles from the church to eliminate multiple trips to Central during the week.

Having the committees meet on the first Sunday of the month, allows the chairs of each committee sufficient time to submit a report to the council that will meet continue to meet on the 2nd Tuesday of each month. Council voted and approved this new format. It will start January 8, 2012. It will thereafter be on the 1st Sunday of each month.

Respectfully submitted,

Cori Myka and Tom Donlea
Council Co-Presidents

continued from the front page...

and parents, with a particular focus on creating structure for Central's middle and high school youth. *As volunteer coordinator*, you will recruit and coordinate volunteers including leveraging member talents and matching them to congregational needs. Finally, as *outreach coordinator*, you will facilitate relationships between Central and the broader local community.

To perform all of the above, you should have a college or other post-secondary degree, some biblical or Christian academic training with particular focus on Lutheran teachings, a passion for working with children, youth and families, a commitment to progressive Lutheranism and be open and affirming to GLBT communities and social justice issues. You must also be a flexible self-starter who can work in a loosely structured environment, possess exceptional project management, organizational and verbal and written communication skills, as well as competence with standard computer software programs. You should also be comfortable working in an urban environment, including interacting with at-risk populations. Throw in prior experience managing youth groups or Lutheran Christian education programs, academic training or coursework in youth and family ministries, and we'll be ecstatic! For more detailed job information, please go to www.loveiscentral.org.

Interested in being a critical and exciting part of Central's future? We are offering a salary of up to \$35,000 a year plus medical benefits. To apply, send your cover letter and resume detailing your prior experience and interest in our position to staffing@loveiscentral.org. Position is open until filled. Candidates should be local to the greater Puget Sound area as we are unable to offer relocation assistance. Central is an equal opportunity employer and does not discriminate on the basis of race, color, national or ethnic origin, age, sex, gender or sexual orientation.

ABOUT CENTRAL LUTHERAN

Central is a 200+ member urban Seattle congregation with dozens of preschool and school-age children. We were the first open and affirming church in the Synod. Central has had a 20-year relationship with Community Lunch on Capitol Hill, a twice-weekly feeding program for low-income and homeless guests in Central's parish hall that began as a ministry of the church and is now run by a free-standing nonprofit. Central also provides space to Lutheran Peace Fellowship and Seattle's Progressive Preschool.

A CALL TO SERVICE!

Dear Faithful Central Servants,

December is Central's month to roll up our sleeves, scrub our hands and arms, and prepare and serve a good hot meal each Tuesday and Friday for the hungry people who look forward to the Community Lunch on Capitol Hill.

Sign-up sheets are in the top kitchen drawer (behind the door) and will be in circulation each Sunday through November, and – if necessary – December!

Check your calendars and plan to come – as individuals or as families. This is a good thing and we can do it!

Lois Austin and Brian Anderson will be happy to take your reservations!





Adult Faith Formation

ADULT FAITH FORMATION WANTS YOUR PASSION

Before you continue reading answer this question: what's your spiritual passion?

Adult Faith Formation is looking for a few individuals who want to share their passion with the adult members of the congregation. Because of my work, school, and family commitments I can no longer lead Adult Faith Formation. After the current series "What Color is Your Spirituality?" concludes, I will no longer lead the forums. Our congregation needs you to step forward and share your passion with us.

This is an exhilarating opportunity to share *your* passion with our community. Is there a book, or a topic, or a biblical passage you would like to share and explore with others in the congregation? Already, several people have stepped forward to lead discussions about the role and history of music in our congregation, to share a book by Marcus Borg, and to discuss environmental stewardship in an urban setting.

Most pressing is finding someone to lead our Advent studies. This would be four weeks beginning November 27. The materials have already been ordered! Your role would be to read the devotions and prepare a set of four to six questions to guide the discussion. This should take no more than an hour or two of preparation each week.

If you would like to lead the Advent devotions please let me or Pastor Cindy know soon. If you have a passion you would like to share with our community please let one of us know.

Steven Chapman



Adult Forum Schedule

Our Sunday mornings are a good time to come together to learn and share with one another. Please join us at 9:45 am in the Parish Hall and we'll have the coffee on.

During the first part of November we will continue our adult forums series, "What Color is Your Spirituality?" Come discover and explore your spirituality according to your God-given style! Learn to identify your spiritual "antenna" while you learn how to grow toward a radical balance in your spiritual life. This multi-week series comes from the good folk at Natural Church Development (NCD).

November 6 - What Color is Your Spirituality III

November 13 - What Color is Your Spirituality IV

November 20 - Café Central: join us in the parish hall for pleasant conversation and hot coffee

November 27- Church in Waiting, Studies for Advent series begins

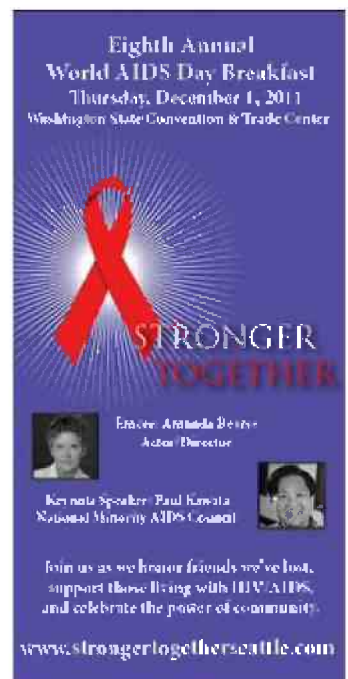
You're Invited to the World AIDS Day Breakfast

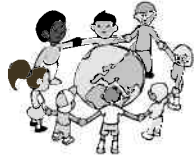


December 1, 2011 is World AIDS Day— A day our community joins the world in a show of collective support in the fight against HIV/AIDS. Join us as we honor friends we've lost, support those living with HIV/AIDS, and celebrate the power of community.

The breakfast is complimentary, however, a suggested donation/pledge of \$150 is encouraged.

Amanda Bearse will emcee the event this year. Bearse is an actor, director and producer best known for her role as wacky neighbor Marcy D'Arcy on Married... with Children. Paul Kawata will be our Keynote Speaker.





Kids Are Central

Christmas Pageant Time!

Our kids have begun rehearsals for the annual Christmas Pageant. The Pageant will be offered during our worship service on Sunday, December 18th.

Here's a special request - Consider other families in your life with elementary school aged kids and invite those families to send their kids to Sunday school for the next nine Sundays so they can be part of our wonderful Christmas Pageant. This is a fun way to introduce more families to our lovely community and to share Gods love with all people!

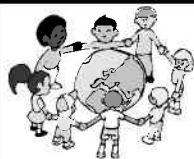
Christmas Caroling!

Join our Sunday School students in two Christmas Caroling outings on Sunday, December 4 and Sunday, December 11th following worship. We will be visiting some Central members who might need a little special TLC this Christmas season. During Sunday school the kids will make cards and gifts to share during the caroling visits.



Christmas Camp

Mark your calendars for Christmas Camp Saturday, December 17th. The kids will hear the story of the nativity, bake cookies and make crafts.



Kids Are Central

Kids Are Central Events November – December 2011

November 2011

Nov. 6 Sunday school class is cut short for pageant rehearsal at 10:15 (only 30 minutes of Sunday school class time)

- Confirmation – Pastor Verlon leads the confirmation class
- All Saints Sunday
- (daylight savings time ends)

Nov. 13 Sunday school class is cut short for pageant rehearsal at 10:15 (only 30 minutes of Sunday school class time)

- Classes begin work on Christmas cards and gifts for special members

Nov. 20 Sunday school class is cut short for pageant rehearsal at 10:15 (only 30 minutes of Sunday school class time)

- Classes finish work on Christmas cards and gifts for special members
- Confirmation - Pastor Verlon leads the confirmation class

Nov. 27 First Sunday in Advent

- Thanksgiving weekend, no Sunday school

December 2011

Dec. 4 Entire Sunday school hour is devoted to Christmas pageant rehearsal

- Christmas caroling visit to special members after worship

Dec. 11 Entire Sunday school hour is devoted to Christmas pageant dress rehearsal

- Christmas caroling visit to special members after worship

Dec. 17 Saturday Christmas Camp

Dec. 18 Entire Sunday school hour is devoted to Christmas pageant dress rehearsal

- Pageant offered during worship service

Dec. 25 No Sunday school - Christmas morning



For Prayer

Central does have a Prayer Chain. If you are interested in joining it or have a concern you would like to have the Prayer Chain pray for, please contact Pastor Cindy (206-322-7500; pastor@loveiscentral.org). We pray for the following this month. Names stay on the list monthly. Please let us know if you would like a prayer request returned to the list.

Homebound:

Joan Norman
Doris Schlecht

Ill and recovering:

Kathy Twohig
Yada Hartmann
Julie Mattson
Blanche Sylvester
Brian Anderson's Aunt Margaret Gerhold
Andrew Rapp and Jennifer Evans' nephew Ronan Louis
Phyliss Nelson, Roger Nyhus' mother
Doug Singer

In transition, moving into assisted living:

Luther and Lois Bekemeier, Betty Bekemeier's parents

Grieving:

Pastor Cindy's nephew Ross and wife Nikkole at the death of their one-day old baby Jake

Prayers of Thanksgiving:

Rosemary Grace Griffin born to Emily and Greg Griffin on October 5, baby sister to Joshua



September Attendance

September 4	84
September 11	72
September 18	102
September 25	83



Mark your calendars

Please be advised that
Pastor Cindy will be on vacation
from Saturday November 19
until Saturday November 26.



Happy Birthday

Below, you'll find the names of Centralites celebrating their birthday this month. Share a birthday wish with them and help make it a special day!

Hannah Krajnik	11/1
Connor Rauch	11/3
Brian Gallatin	11/4
Lillian Small	11/4
Isac Fernandez	11/9
Marcie Swadener	11/16
Shannon Anderson	11/18
Barbara Palecek	11/19
Marinko Kordich	11/20
Julia Maywald	11/20
Blanche Sylvester	11/20
Evan Farley	11/21
Rebecca E.	11/22
Theo Copley	11/23
Alexi Phinney	11/23
Brenda Michael	11/28
Siri Donlea	11/29
Jonna Farley	11/30



Faith and Everyday Life

Eccl 3:3 A Time to Break Down

I might need to break down a relationship if I am not getting what I need in it. Sometimes I really am not. Sadly, there *is* a time to break down. Sometimes things *are* just too broken to heal. Sometimes I have just given up too much and it is not good to give away more.

“Should I bend or embrace the break?” This depends on how much validation we get for what is really important to us from the other. If the core of who we are emotionally is cared about and respected, there is much more room for flexibility around the edges.

When people are loved, they feel no sense of urgency to break or tear down. They have a belief that even though things are not exactly as they want them, they can be genuinely OK with what they have.

It comes down to asking ourselves, “Am I really cared about and loved? If I am, I can live with your flaws and inadequacies and I might even be able to see and admit to mine!”

We know that the experience of God’s acceptance is an essential ingredient in feeling loved and worthwhile. It is also an essential ingredient in our relationships with people closest to us.

So maybe I can be flexible about how much of my emotional needs are getting met today. When I know that I am loved in a relationship, I can live in hope that dry spells will pass and my heart’s thirst will again be quenched. I can trust that those who truly love me will not let that hope go unfulfilled.

When I am truly loved, I can bend without breaking.

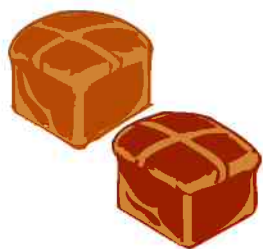
You are cordially invited to
HOLDEN VILLAGE
50th ANNIVERSARY
Fall Celebrations

This Fall, Holden will begin celebrating the 50th anniversary year
with two kickoff gatherings:

Luther Seminary in St. Paul, MN – October 15, 2011
Trinity Lutheran College in Everett, WA – November 12
1-5 PM – Gather for Fun & Fellowship
5 PM – Seated Dinner (by reservation only)
7:30 PM – Evening Worship

All are welcome to one or all events

To RSVP for the sit-down dinner, make a reservation online at holdenvillage.org.



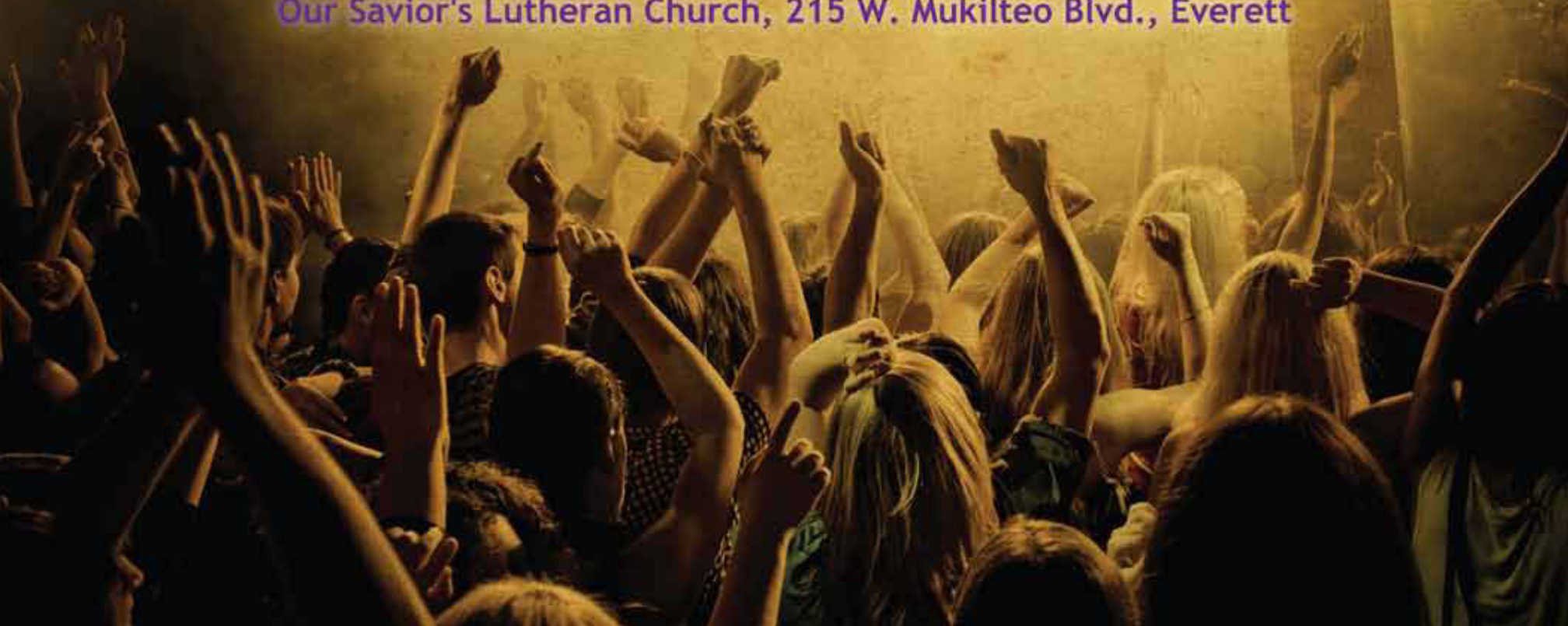
It's hard to believe that 2012 is just around the corner! If you would like to sign up to bring **communion bread** for a month in 2012, please let Sandy know. You can either bring a fresh loaf each Sunday or bring enough loaves for the month and put them in the freezer. Sandy will then make sure a loaf is thawed for each Sunday. You can either call the office or e-mail her at office@loveiscentral.org. Thanks for your consideration!

citizens with the saints tour

Concert to support world hunger

7 p.m., Sun., November 13, 2011

Our Savior's Lutheran Church, 215 W. Mukilteo Blvd., Everett



Are you ready to join the saints?

Performances by ELCA Youth Gathering artists
AGAPE* (David Scherer), Rachel Kurtz and other special guests

Exclusive videos about the ELCA Youth Gathering

For more information, visit www.tlc.edu/cyfcenter or call 425.252.0413

Sponsored locally by Trinity Lutheran College and Our Savior's Lutheran Church

All funds raised will go to ELCA World Hunger

www.citizenstour.com



ELCA World Hunger
Evangelical Lutheran Church in America
God's work. Our hands.



AGAPE*
www.hiphopoutreach.com



RACHEL KURTZ
www.rachelkurtz.com

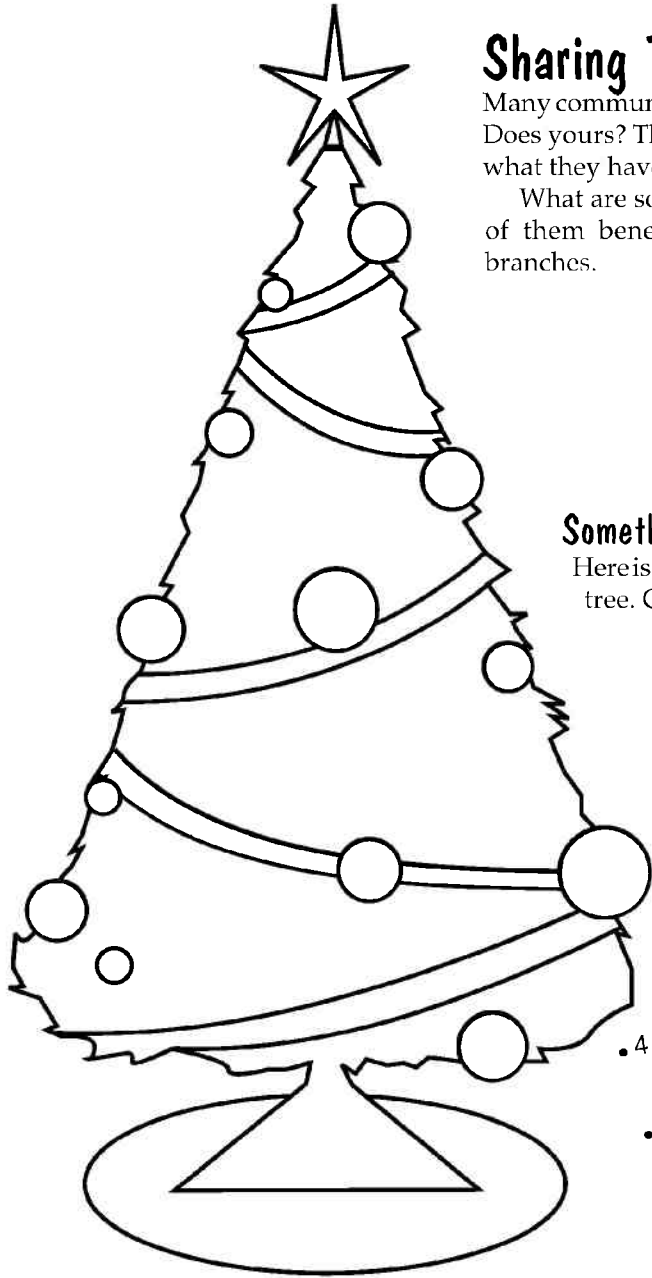


Central Kids' Page

Sharing Trees

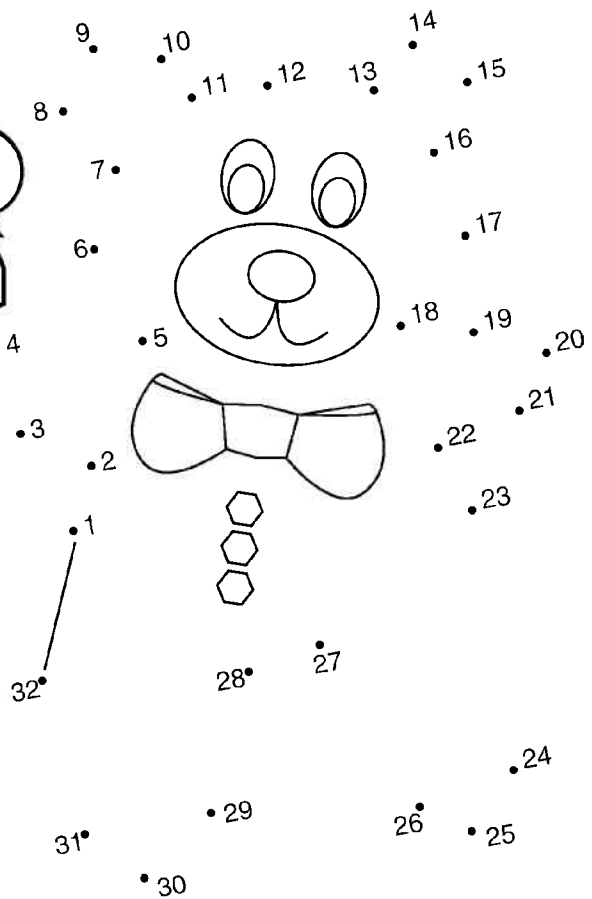
Many communities have "sharing trees" during Advent. Does yours? These are opportunities for people to share what they have with others.

What are some things you can share? Draw pictures of them beneath the sharing tree and decorate its branches.



Something to Share

Here is something you could place under a sharing tree. Connect the dots and find out what it is.





The Spirit

Volume 28, Number 10

News for the congregations of the Northwest Washington Synod of the
Evangelical Lutheran Church in America

November 2011

God's Generous Response by The Rev. Wm Chris Boerger, Bishop



How do we give thanks this year?

That is not a question about what is on the menu for the annual Thanksgiving Feast. It is a question about how we see our world and ourselves.

Walter Brueggemann in his book *Journey to the Common Good* argues

that the forces of empire and Pharaoh are always working from the scarcity, fear and control. In contrast, the people of Israel learned in the Wilderness that God brings abundance, shalom and the presence of God. He argues that Jesus' feeding miracles continue this pattern.

We live in a time when our consumer culture wonders if there will be enough (scarcity). Our threats used to be color coded and the world seems out of control. Brueggemann argues that this is how the world is when we ignore the Word of the Lord that has come to us. It is a compelling argument.

It is easy to over-focus on what we don't have or what we might lose. While our anxiety increases, our fears look to quick fixes so that we can say that we are doing something about our situations. Our desire for a church that was like we remember is a symptom of our participation

in this longing. Like the people of Israel complaining in the wilderness that they at least had meat when they lived in Egypt, so we look back with longing to times that were not as good as we remember them.

The Word of the Lord came to.....That is the good news in Brueggemann's analysis. The Word became flesh and lived among us. That is the good news for us. Our relationship with God and with the rest of creation comes from the abundance of God who comes among us. Samuel Torvend argues that our response to the poor comes from God's abundance at the Eucharist. Our life together, the common good, is based in God's abundant and generous response in creating and re-creating us.

The harvest is in. The economists will tell us if we have enough. The people of faith should rise up and affirm that we have more than enough. We have the blessings of God to share and these blessings, like manna, are sufficient for each day. We give thanks to God for God's presence in countless ways. So the food that we eat, we can share. The grace that we live in is not ours, but God's to be extravagantly poured out into the world. The hope that we have comes from God.

Thanks be to God.

Gifts That Make A Difference

Did you know that the average American plans to spend \$700 on Christmas gifts this year?

Challenge yourself and your congregation to rethink the tradition of gift-giving by participating in ELCA Good Gifts. Together as the ELCA, we

do more than we could ever do alone: grow our congregations, inspire new leaders and care for those around the world who live with hunger and poverty.

ELCA Good Gifts are a creative way to do just that. Visit www.elca.org/goodgifts to learn more.

Congratulation Leymah Gbowee!

Just two days before learning that she was a recipient of the 2011 Nobel Peace Prize, Leymah Gbowee was speaking to a captivated audience at Queen Anne Lutheran Church in Seattle.

The Nobel Peace prize was awarded to Gbowee for “non-violent struggle for the safety of women and for women’s rights to full participation in peace-building work.”

Gbowee, a member of the Lutheran Church in Liberia, is responsible for organizing a non-violent women’s movement that brought an end to a 14-year civil war in Liberia.

The starting point of the women’s movement was war fatigue, said Gbowee, a mother of six children. She grew tired of watching children die from hunger and “waking up every morning and not knowing whether a tomorrow was possible. You can’t plan for the future.” Along with thousands of other women from across



Leymah Gbowee speaking at Queen Anne Lutheran in Seattle.

Liberia, Gbowee wanted to dream of a better community. She decided it was time to stop the war and called together women of all faiths—Christian, Muslim, indigenous and others—from across Liberia to “step out,” recognizing that Liberian women can play a critical role in peace building.

Gbowee’s story is chronicled in the documentary *Pray the Devil Back to Hell*. She has just completed her memoir, *Mighty Be Our Powers: How*

Sisterhood, Prayer, and Sex Changed a Nation at War -- a book that examines “the power of women and the power of faith in getting you (out) from the darkest place in your life,” she said.

Gbowee was a keynote speaker at this year’s Triennial Gathering in Spokane. For the full press release on Gbowee please visit www.elca.org.

FAN’s Positions On Initiatives

Faith Action Network (FAN) takes positions on three ballot initiatives:

- **Recommend Opposing Initiative Measure No. 1125;** limits transportation funding.
- **Recommend Endorsing Initiative Measure No. 1163;** improving long-term care for elderly.
- **Recommend Opposing Initiative Measure No. 1183;** concerning the sale of liquor (spirits).

For more information about these positions visit www.fanwa.org or call 206-464-4133. The organization FAN is the merger of Washington Association of Churches and Lutheran Public Policy of Washington.

The Spirit, a publication of the Northwest Washington Synod of the Evangelical Lutheran Church in America (ELCA), is intended for members, leaders, and clergy of synod congregations and organizations. Congregations are encouraged to copy *The Spirit* and include it in their own newsletters. *The Spirit* can be downloaded from the Synod website.

Northwest Washington Synod, ELCA

5519 Phinney Ave North
Seattle, WA 98103-5829
Telephone: 206-783-9292
Toll Free: 1-800-244-6997
Fax: 206-783-9833
Email: office@lutheransnw.org

Editor: Margit Peiffle

Email: margit@lutheransnw.org
Telephone: 206-783-9292
Website: www.lutheransnw.org

Information for the December issue of *The Spirit* is due to the Synod Office by Wednesday, November 2.

November 2011

November 2011							December 2011						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
		1	2	3	4	5					1	2	3
6	7	8	9	10	11	12	4	5	6	7	8	9	10
13	14	15	16	17	18	19	11	12	13	14	15	16	17
20	21	22	23	24	25	26	18	19	20	21	22	23	24
27	28	29	30				25	26	27	28	29	30	31

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		November 1	2	3	4	5
		8:00am Seattle's Progressive Preschool (Sunday School Rooms) 10:30am Community Lunch (Parish hall)	8:00am Seattle's Progressive Preschool (Sunday School Rooms) 4:30pm Suziki By the Sound Private Violin Class (Oasis Room) 6:30pm AA Meeting (Parish Hall) 7:30pm Stewardship & Finance (Upstairs Meeting Room)	8:00am Seattle's Progressive Preschool (Sunday School Rooms) 3:00pm Personnel Committee Meeting (Pastor Cindy's office) 5:00pm Wedding Rehearsal (Church)	8:00am Seattle's Progressive Preschool (Sunday School Rooms) 10:30am Community Lunch (Parish hall) 4:30pm Wedding (Church)	Holy Spirit Confirmation kids staying here 10:00am CLCH Food Delivery
6	7	8	9	10	11	12
8:30am Singing School (Church) 9:00am Choir (Church) 9:30am Confirmation Class (Upstairs Meeting room) 9:45am Sunday School 9:45am Adult Forum (Parish Hall) 11:00am Worship (Church) 12:30pm Social Advocacy & Outreach Meeting 1:00pm CLCH Food Delivery 3:30pm CLCH Food Delivery	8:00am Seattle's Progressive Preschool (Sunday School Rooms) 7:30pm NA meeting (Parish Hall)	8:00am Seattle's Progressive Preschool (Sunday School Rooms) 10:30am Community Lunch (Parish hall) 4:00pm Pastor Cindy & Jim meeting (Pastor Cindy's) 6:15pm Council Dinner (Parish Hall) 7:00pm Council Meeting (Sanctuary basement)	8:00am Seattle's Progressive Preschool (Sunday School Rooms) 4:30pm Suziki By the Sound Private Violin Class (Oasis Room) 6:30pm AA Meeting (Parish Hall)	8:00am Seattle's Progressive Preschool (Sunday School Rooms)	8:00am Seattle's Progressive Preschool (Sunday School Rooms) 10:30am Community Lunch (Parish hall)	8:00am SPP Sale (Parish Hall) 10:00am CLCH Food Delivery 5:00pm Q-Squared Men (Parish Hall)
13	14	15	16	17	18	19
8:30am Singing School (Church) 9:00am Choir (Church) 9:45am Sunday School 9:45am Adult Forum (Parish Hall) 11:00am Worship (Church) 12:30pm Acolyte Training (Church) 1:00pm CLCH Food Delivery 1:00pm Usher Training (Church) 1:30pm Assisting Minister Training (Church) 2:00pm Task Force Meeting	8:00am Seattle's Progressive Preschool (Sunday School Rooms) 5:00pm CLCH Finance Meeting (Upstairs meeting room) 6:00pm CLCH Board Meeting (Upstairs Meeting Room) 7:30pm NA meeting (Parish Hall)	8:00am Seattle's Progressive Preschool (Sunday School Rooms) 10:30am Community Lunch (Parish hall)	8:00am Seattle's Progressive Preschool (Sunday School Rooms) 4:30pm Suziki By the Sound Private Violin Class (Oasis Room) 6:30pm AA Meeting (Parish Hall) 7:30pm KidsAreCentral Meeting (Copier Office)	8:00am Seattle's Progressive Preschool (Sunday School Rooms) 5:30pm SPP Parent Meeting (Parish Hall)	8:00am Seattle's Progressive Preschool (Sunday School Rooms) 10:30am Community Lunch (Parish hall)	Pastor Cindy on vacation 9:30am De-Escalation Training (Parish Hall) 10:00am CLCH Food Delivery
20	21	22	23	24	25	26
			Pastor Cindy on vacation			
8:30am Singing School (Church) 9:00am Choir (Church) 9:30am Confirmation Class (Upstairs Meeting room) 9:45am Sunday School 9:45am Café Central (Parish Hall) 11:00am Worship (Church) 1:00pm CLCH Food Delivery 3:30pm CLCH Food Delivery 4:00pm DC & V Gathering (Parish)	8:00am Seattle's Progressive Preschool (Sunday School Rooms) 7:30pm NA meeting (Parish Hall)	8:00am Seattle's Progressive Preschool (Sunday School Rooms) 10:30am Community Lunch (Parish hall)	8:00am Seattle's Progressive Preschool (Sunday School Rooms) 6:30pm AA Meeting (Parish Hall)	OFFICE CLOSED 8:00am Seattle's Progressive Preschool (Sunday School Rooms) 5:00pm Thanksgiving Meal at All Pilgrims (All Pilgrims Church)	8:00am Seattle's Progressive Preschool (Sunday School Rooms) 10:30am Community Lunch (Parish hall)	10:00am CLCH Food Delivery
27	28	29	30			
8:30am Singing School (Church) 9:00am Choir (Church) 9:45am Sunday School 9:45am Adult Forum (Parish Hall) 11:00am Worship (Church) 1:00pm CLCH Food Delivery	8:00am Seattle's Progressive Preschool (Sunday School Rooms) 7:30pm NA meeting (Parish Hall)	8:00am Seattle's Progressive Preschool (Sunday School Rooms) 10:30am Community Lunch (Parish hall)	8:00am Seattle's Progressive Preschool (Sunday School Rooms) 4:30pm Suziki By the Sound Private Violin Class (Oasis Room) 6:30pm AA Meeting (Parish Hall)			



Mark your calendars

Don't forget to change
your clocks!

**Daylight Savings time ends on
November 6 at 2:00 am.**



Central Lutheran Church...

Following Christ;

sharing God's love for all people.

Mission Statement